



**17<sup>a</sup> Conferenza sul tumore al seno DIPLOMPATIENTIN®**  
„Paziente diplomata“ - un seminario per donne con e senza tumore al seno

# Il ruolo degli inibitori CDK 4/6 nella terapia del tumore al seno in fase precoce e metastatica

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Ospedale di Sant'Orsola

Sun



DNA in one cell 2 m

Cells in human body 100,000 G

DNA in human body 20 G km

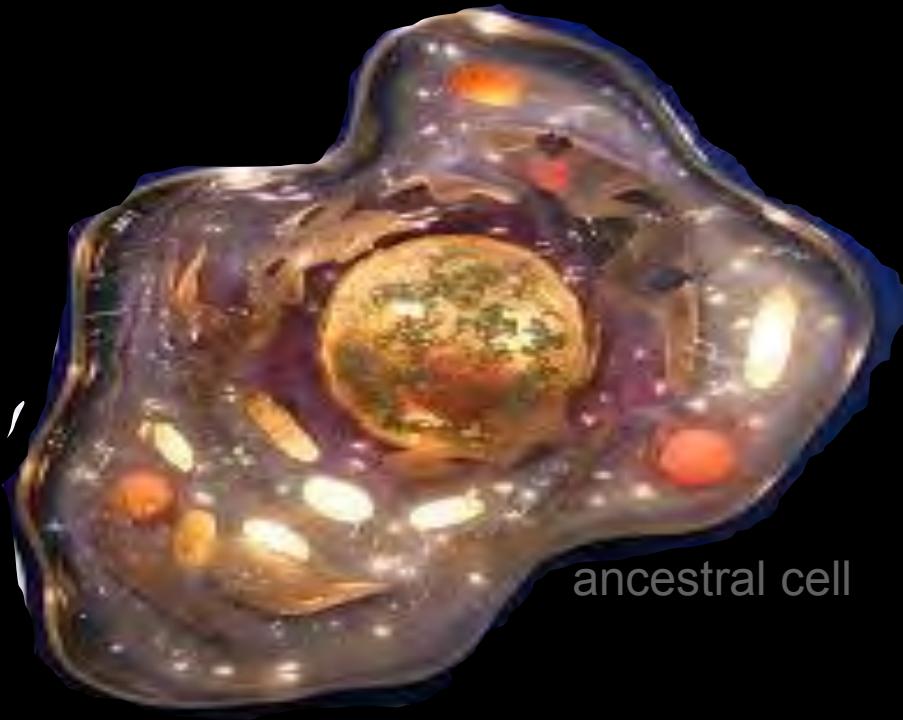
70 round trips Earth-Sun

150 000 000 km

Earth

Moon

3 billion  
years  
ago

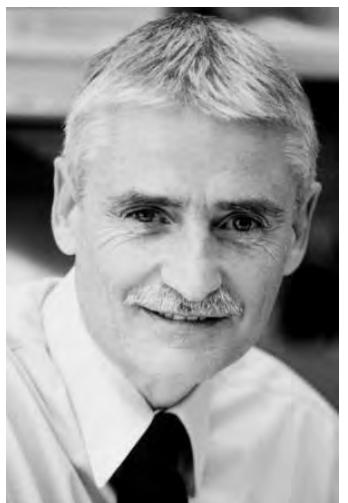


ancestral cell

unbroken series of cell divisions since then.

Every second millions of cells divide in our body

# The Nobel Prize in Physiology or Medicine 2001



Leland Hartwell



Tim Hunt



Paul Nurse

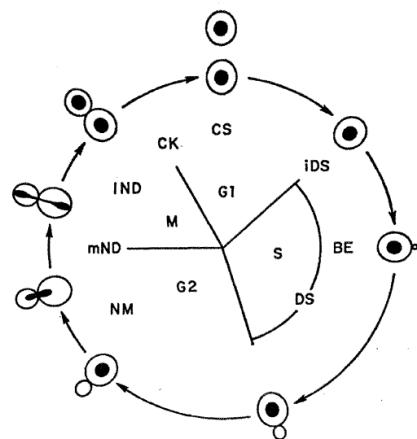
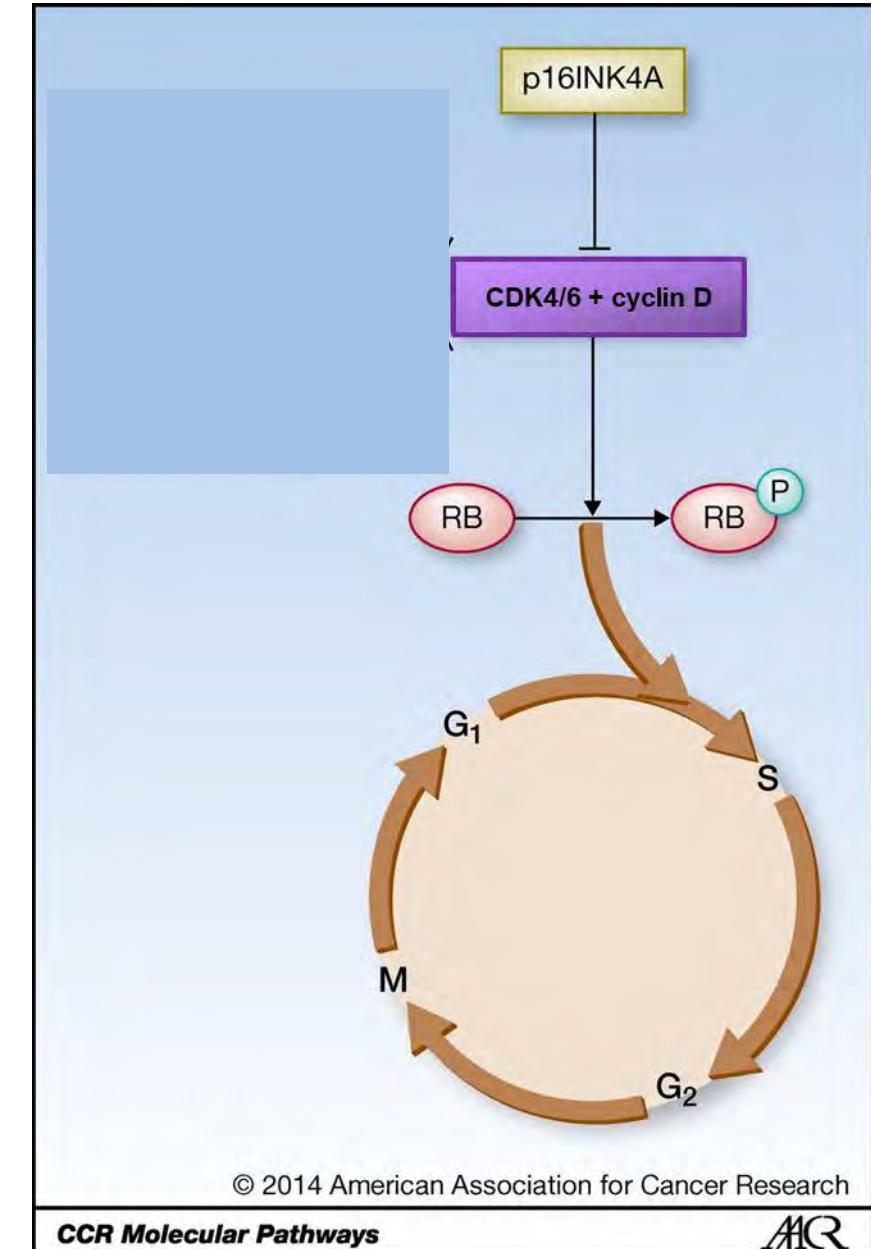


Fig. 1. The sequence of events in the cell division cycle of yeast: *iDS*, initiation of DNA synthesis; *BE*, bud emergence; *DS*, DNA synthesis; *NM*, nuclear migration; *mND*, medial nuclear division; *IND*, late nuclear division; *CK*, cytokinesis; *CS*, cell separation. Other abbreviations: *G1*, time interval between previous cytokinesis and initiation of DNA synthesis; *S*, period of DNA synthesis; *G2*, time between DNA synthesis and onset of mitosis; and *M*, the period of mitosis.

SCIENCE, VOL. 183, 1974

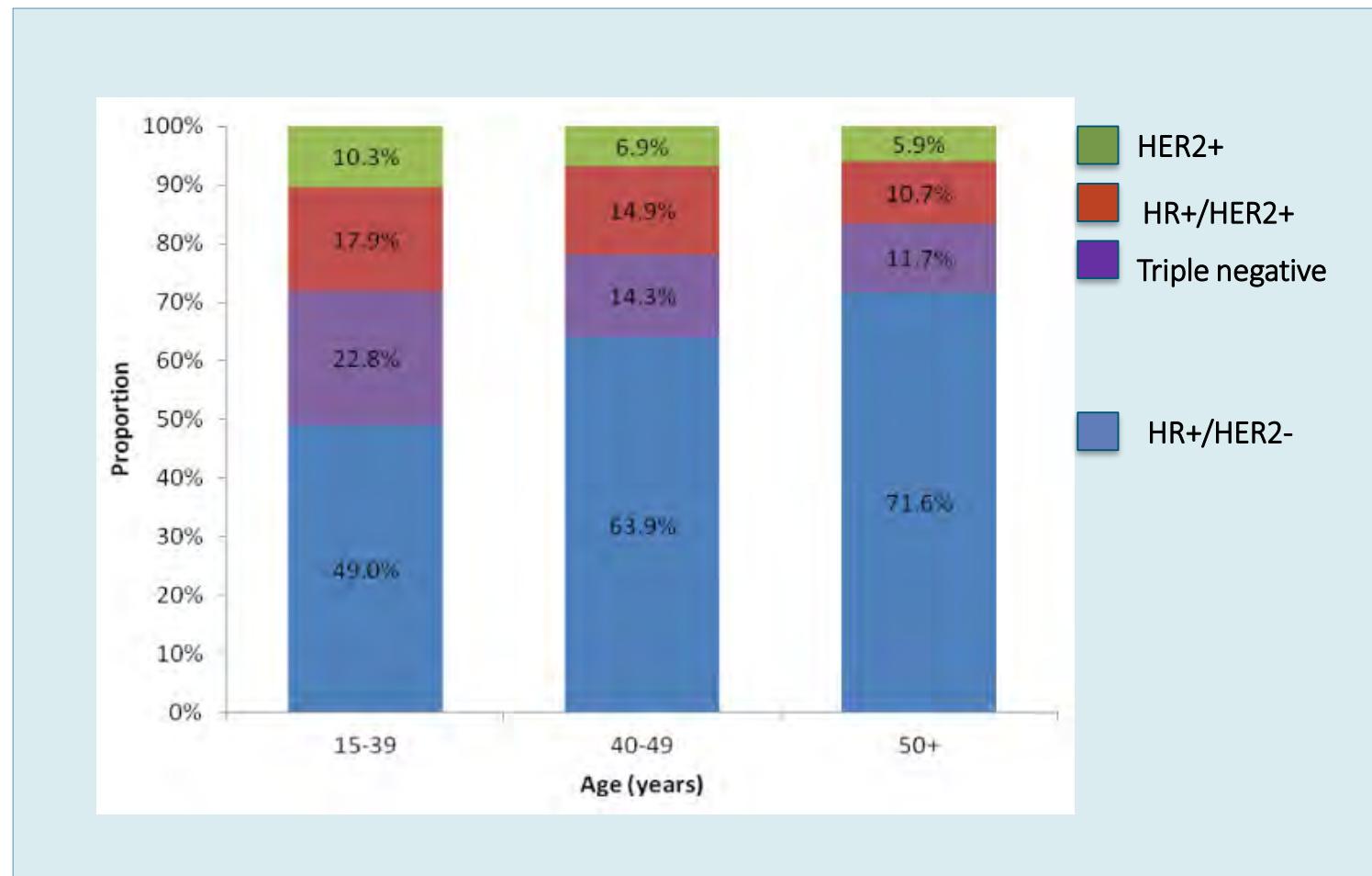


© 2014 American Association for Cancer Research

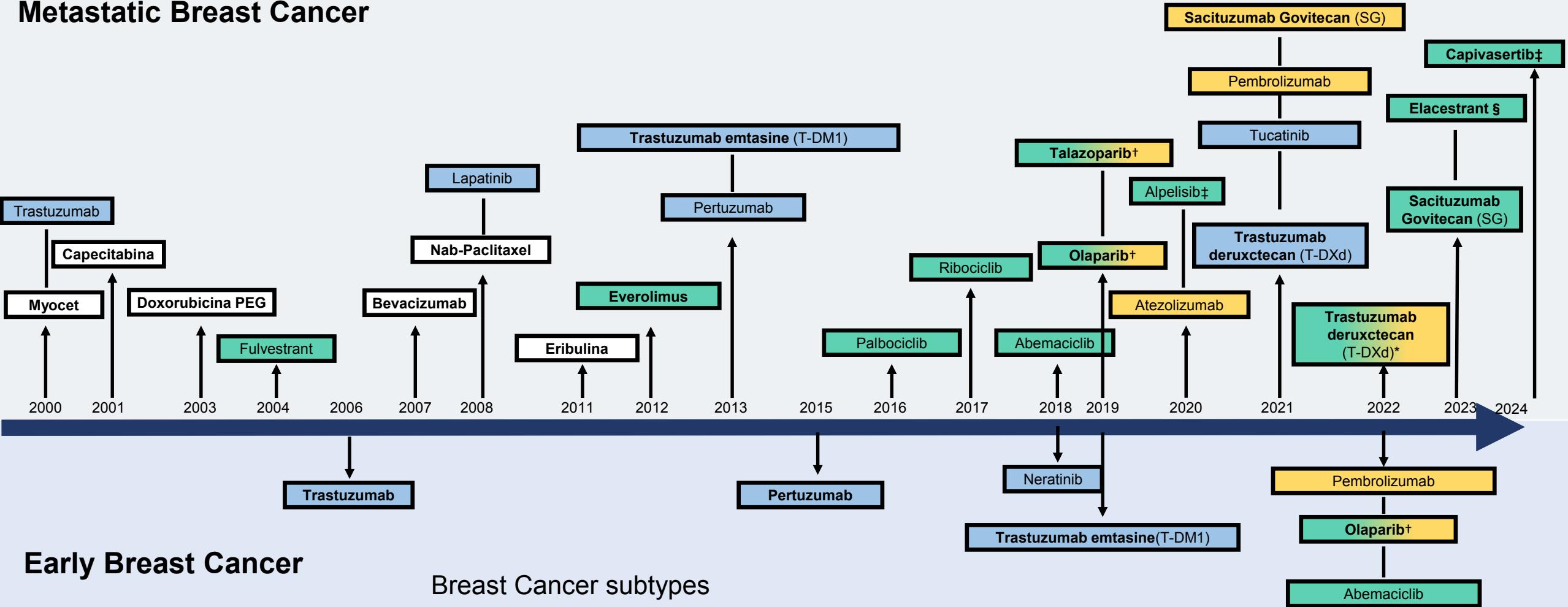
CCR Molecular Pathways

ACR

# Hormone receptor positive is the most common BC subtype



# Metastatic Breast Cancer



# Early Breast Cancer

## Breast Cancer subtypes

- All BC
- HR+/HER2-
- HER2+
- TNBC

† gBRCA1/2 mut

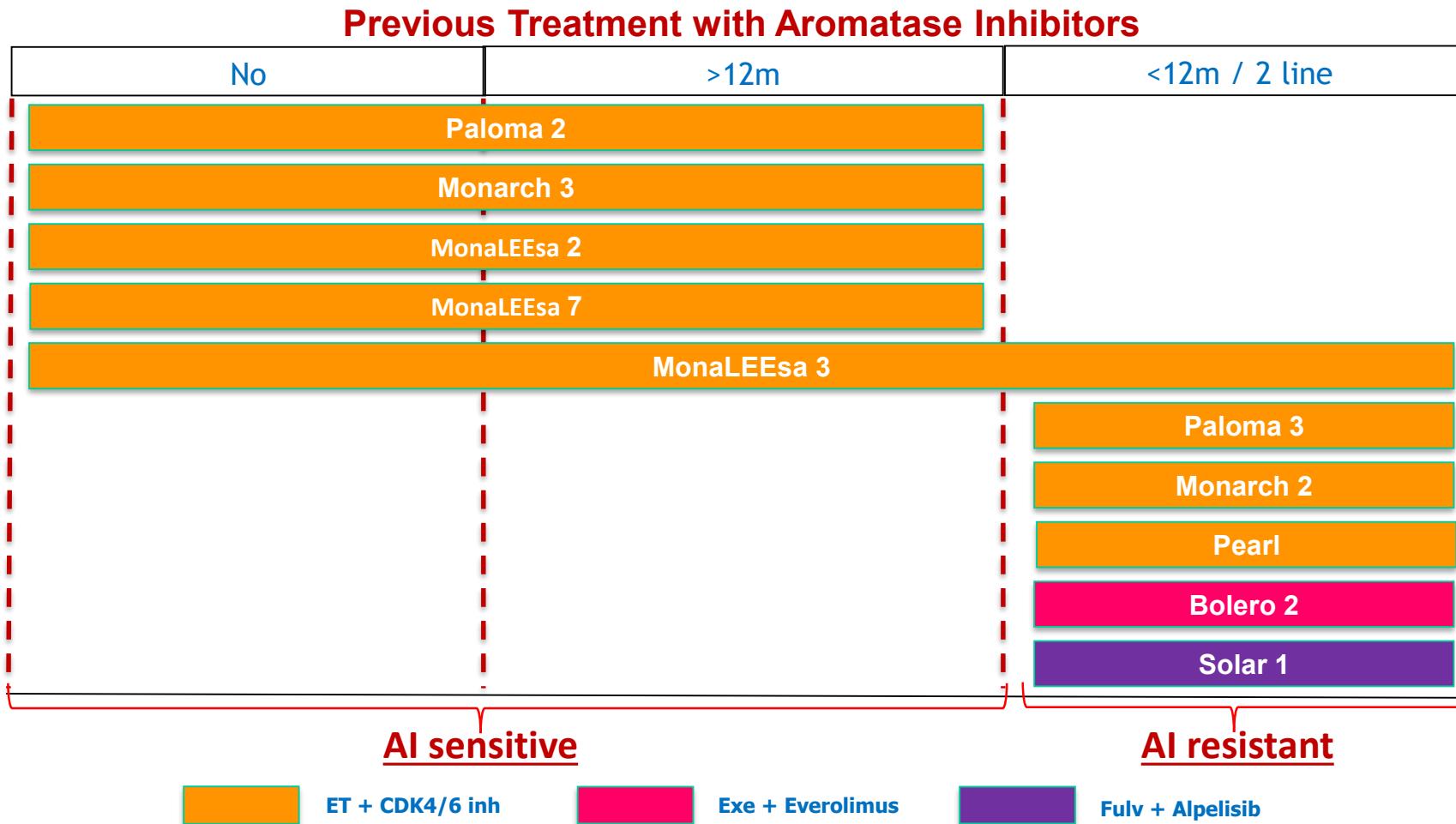
\* HER-2 low

§ ESR1mut

‡ PIK3CA/PTEN/AKT1 alterations

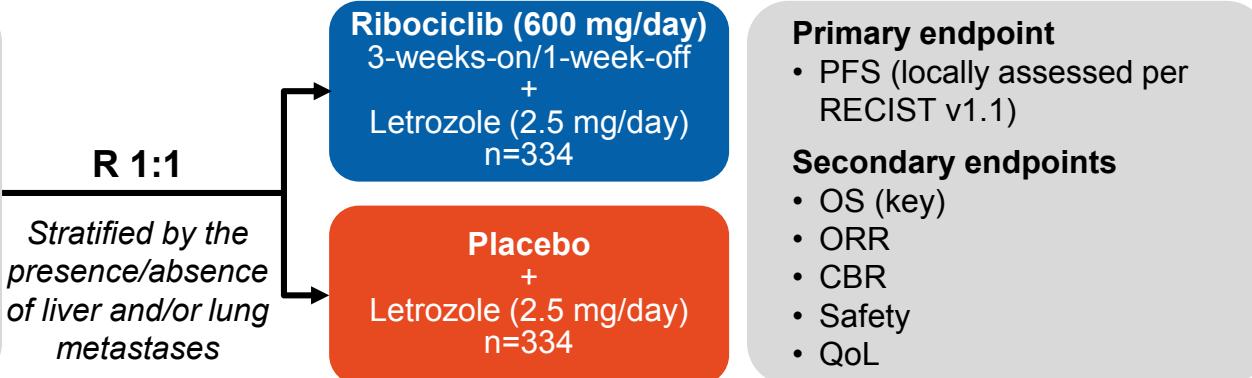


# Overview of Modern RCT for Luminal MBC



# MONALEESA-2: Phase III ribociclib + letrozole in HR+, HER2– ABC<sup>1,2</sup>

- Postmenopausal women with HR+, HER2– ABC
- No prior therapy for advanced disease
- N=668



## Primary endpoint

- PFS (locally assessed per RECIST v1.1)

## Secondary endpoints

- OS (key)
- ORR
- CBR
- Safety
- QoL

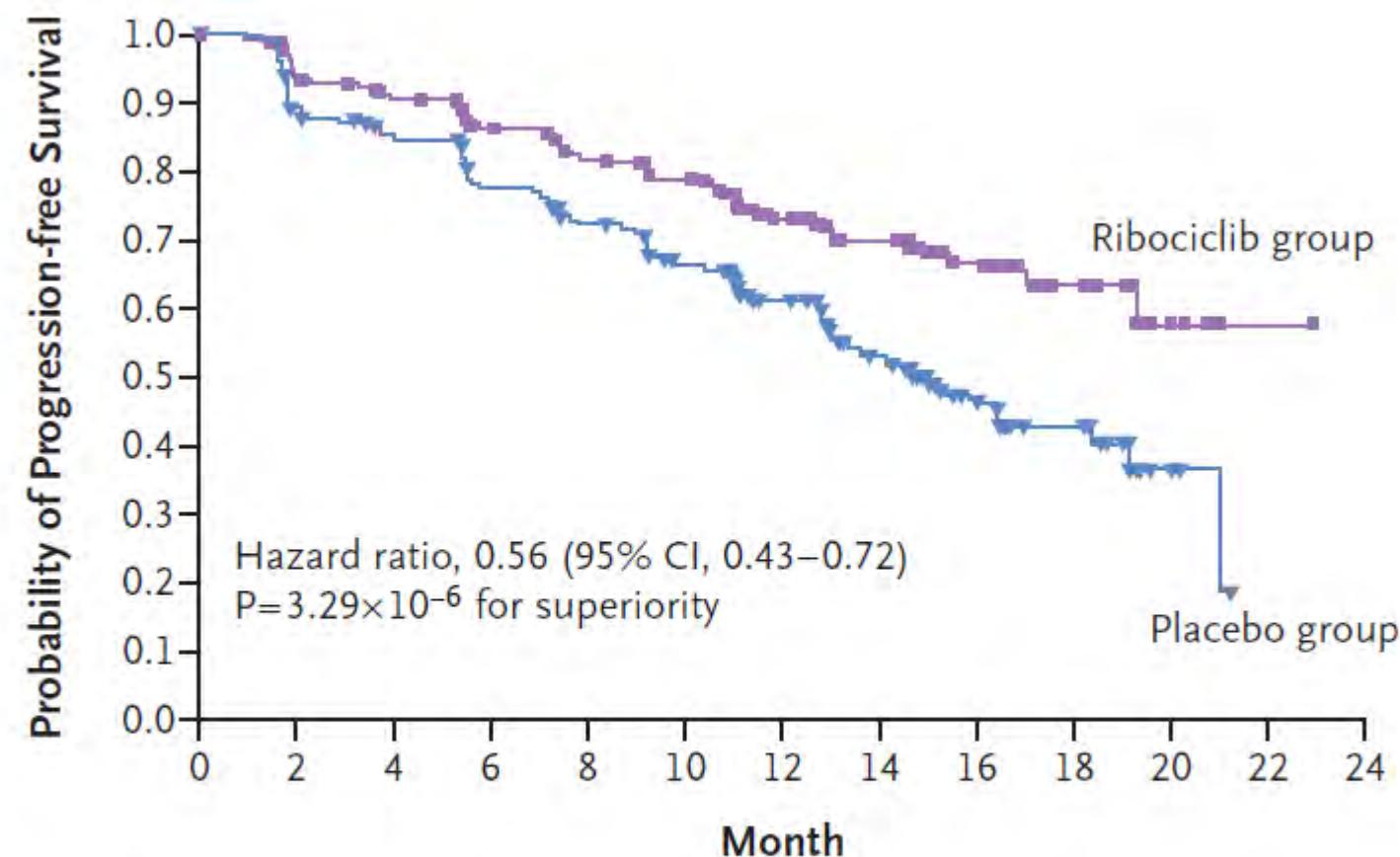
- Tumor assessments were performed every 8 weeks for the first 18 months, then every 12 weeks thereafter
- Final analysis planned after 302 PFS events
  - 93.5% power to detect a 33% risk reduction (hazard ratio 0.67) with one-sided  $\alpha=2.5\%$
- Interim analysis planned after ~70% PFS events
  - Two-look Haybittle–Peto stopping criteria: hazard ratio  $\leq 0.56$  and  $p < 0.0000129$
- At the interim analysis data cut-off date (Jan 29, 2016), 243 PFS events had occurred (80% information fraction)

ABC, advanced breast cancer; CBR, clinical benefit rate; HER2–, human epidermal growth factor receptor 2-negative; HR+, hormone receptor-positive; ORR, overall response rate; OS, overall survival; PFS, progression-free survival; QoL, quality of life; R, randomization; RECIST, Response Evaluation Criteria In Solid Tumors.

1. Hortobagyi GN et al. *N Engl J Med* 2016;375:1738–1748;

2. Hortobagyi GN et al. *Ann Oncol* 2016;27(Suppl 6): abstr LBA 3552 (oral).

# MONALEESA-2 Primary Endpoint Progression-free Survival



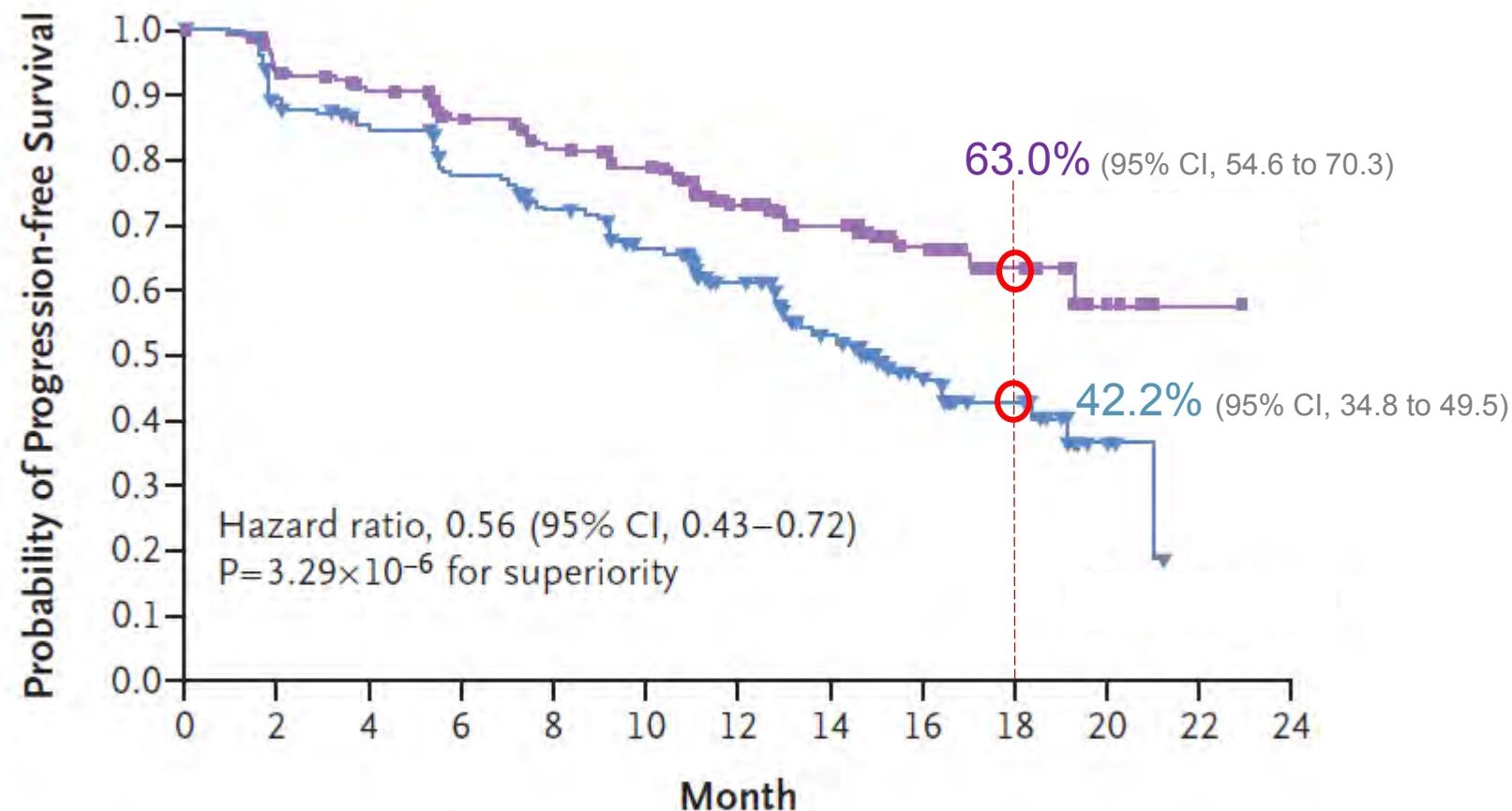
## No. at Risk

Ribociclib	334	294	277	257	240	226	164	119	68	20	6	1	0
Placebo	334	279	264	237	217	192	143	88	44	23	5	0	0

The median duration of progression-free survival was not reached in the ribociclib group and was 14.7 months in the placebo group

Hortobagyi G et al N Engl J Med 2016

# MONALEESA-2 Progression-free Survival



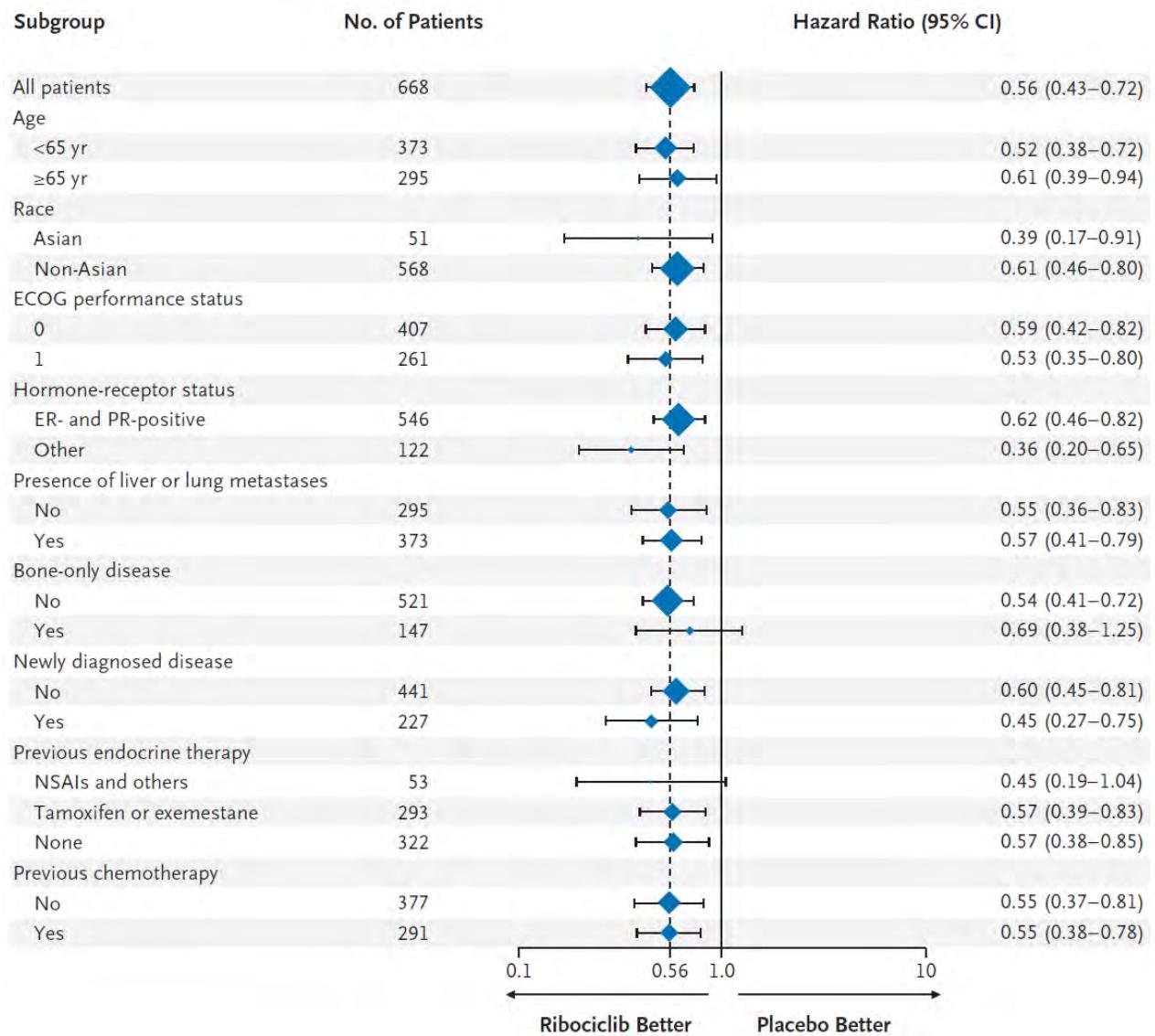
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Hortobagyi G et al N Engl J Med 2016

# MONALEESA-2 Progression-free Survival by Subgroups



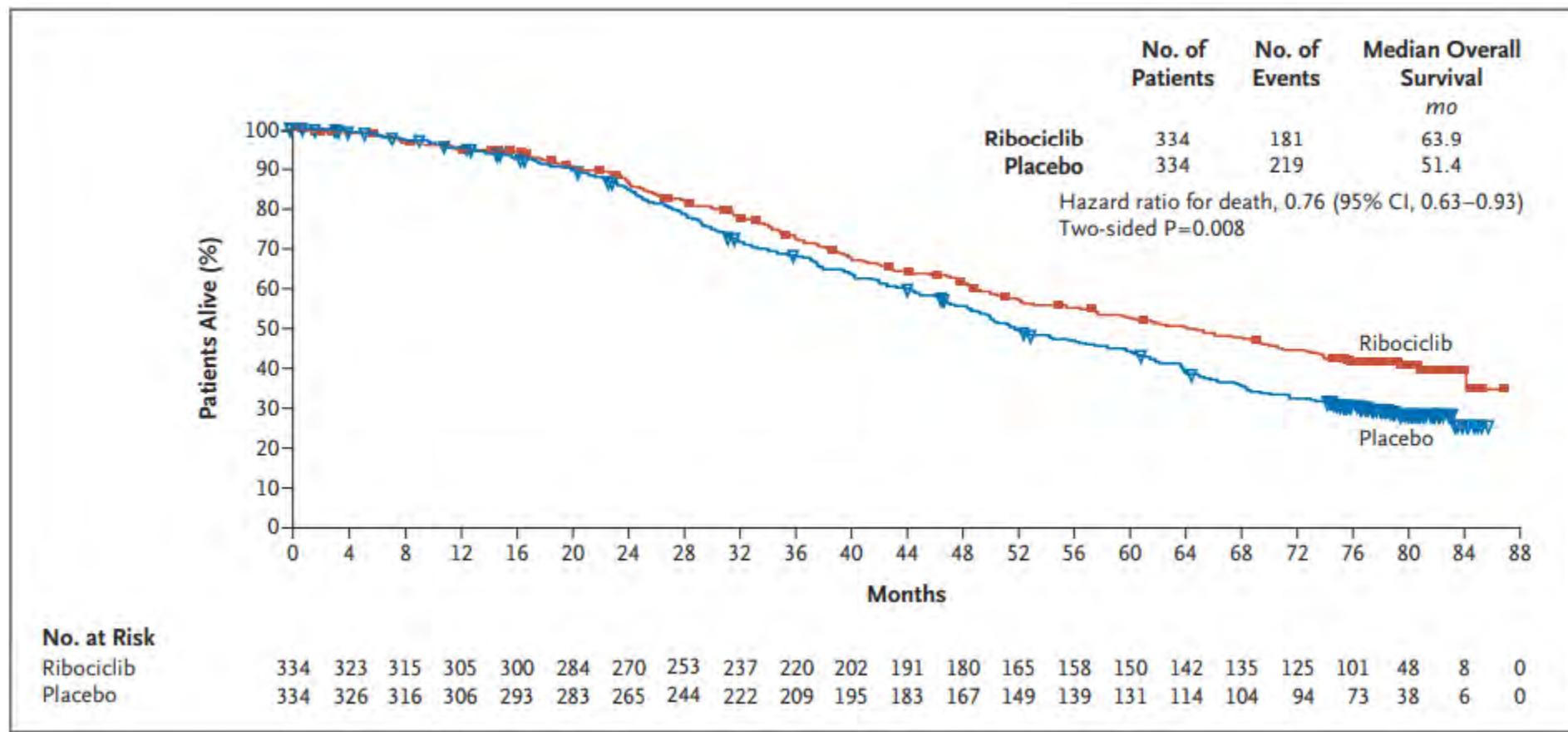
# Robustness and Consistency of Randomised Phase 3 Clinical Trials Evaluating CDK4/& Inhibitors in HR+/HER2- mBC

	PALOMA-2 <sup>1-3</sup> (N = 666)	PALOMA-3 <sup>4,5</sup> (N = 521)	MONALEESA-2 <sup>6-8</sup> (N = 668)	MONALEESA-3 <sup>9,10</sup> (N = 726)	MONALEESA-7 <sup>11-13</sup> (N = 672)	MONARCH-2 <sup>14,15</sup> (N = 669)	MONARCH-3 <sup>16,17</sup> (N = 493)
Treatment arms	Letrozole ± <b>palbociclib</b>	Fulvestrant ± <b>palbociclib</b>	Letrozole ± <b>ribociclib</b>	Fulvestrant ± <b>ribociclib</b>	Tamoxifen, anastrozole, or letrozole ± <b>ribociclib</b>	Fulvestrant ± <b>abemaciclib</b>	Anastrozole or letrozole ± <b>abemaciclib</b>
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15. Neven. Breast Cancer Res. 2021;23:87.
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17. Goetz. Ann Oncol. 2024;[Epub].

# MONALEESA-2 Overall Survival



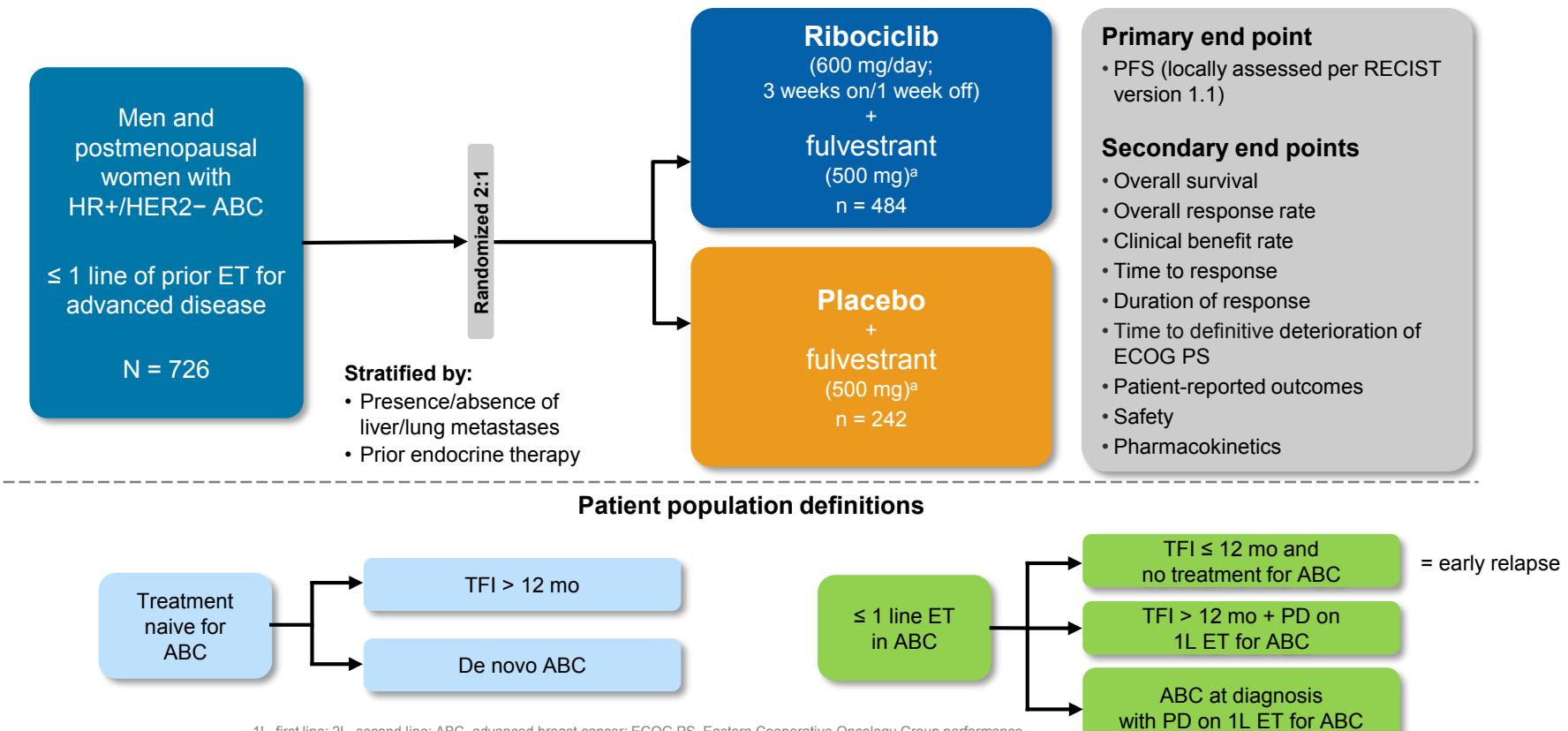
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<b>Median OS, CDK4/6i + ET vs ET, mo</b>	<b>53.8 vs 49.8 (HR: 0.92)<sup>3</sup></b>		<b>63.9 vs 51.4 (HR: 0.76)*</b>		<b>58.7 vs 48.0 (HR: 0.76)<sup>13*</sup></b>		<b>66.8 vs 53.7 (HR: 0.80)<sup>16</sup></b>

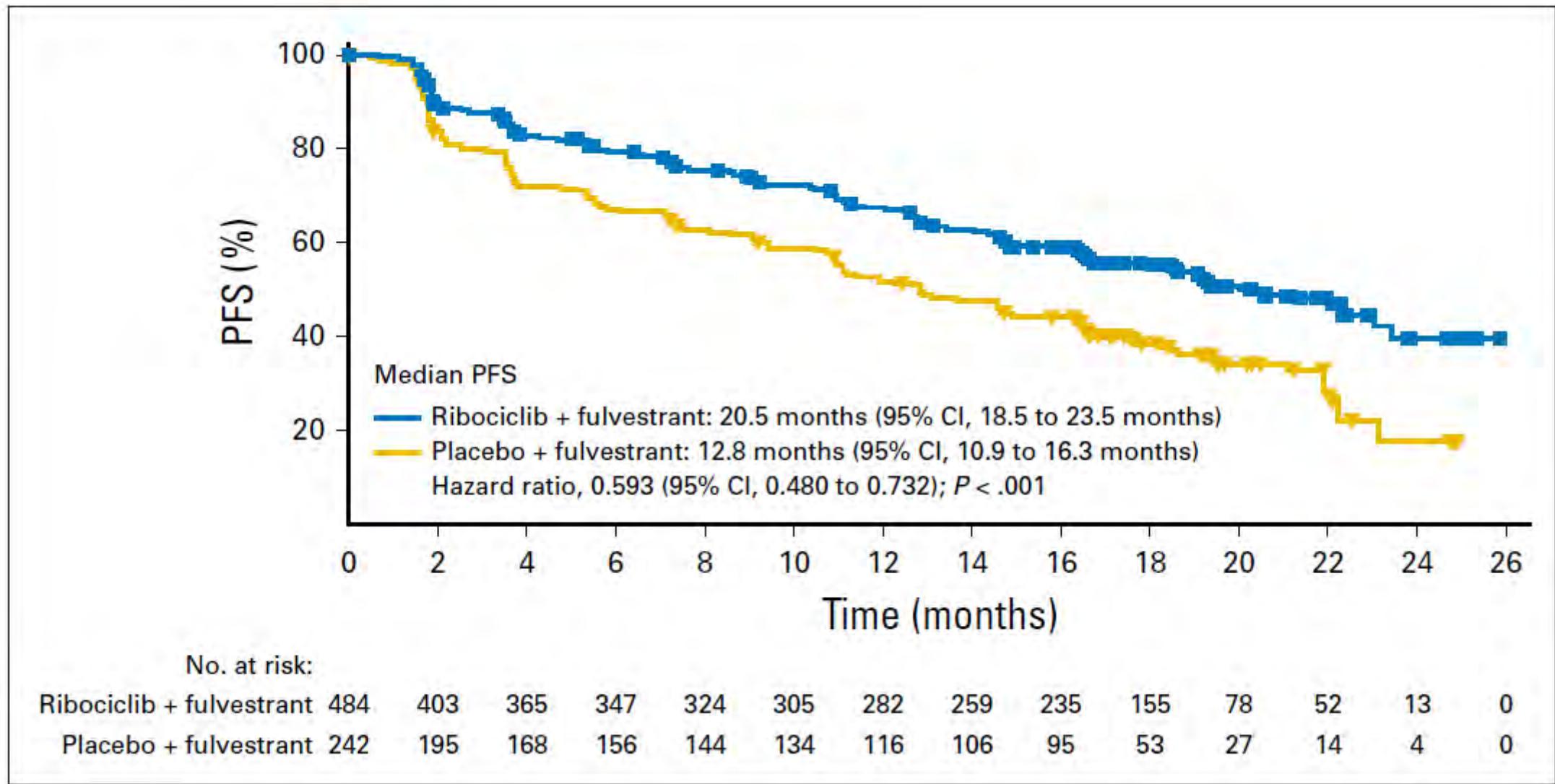
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# MONALEESA-3 Phase III ribociclib + fulvestrant in HR+, HER2– ABC



# MONALEESA-3 Progression-free Survival



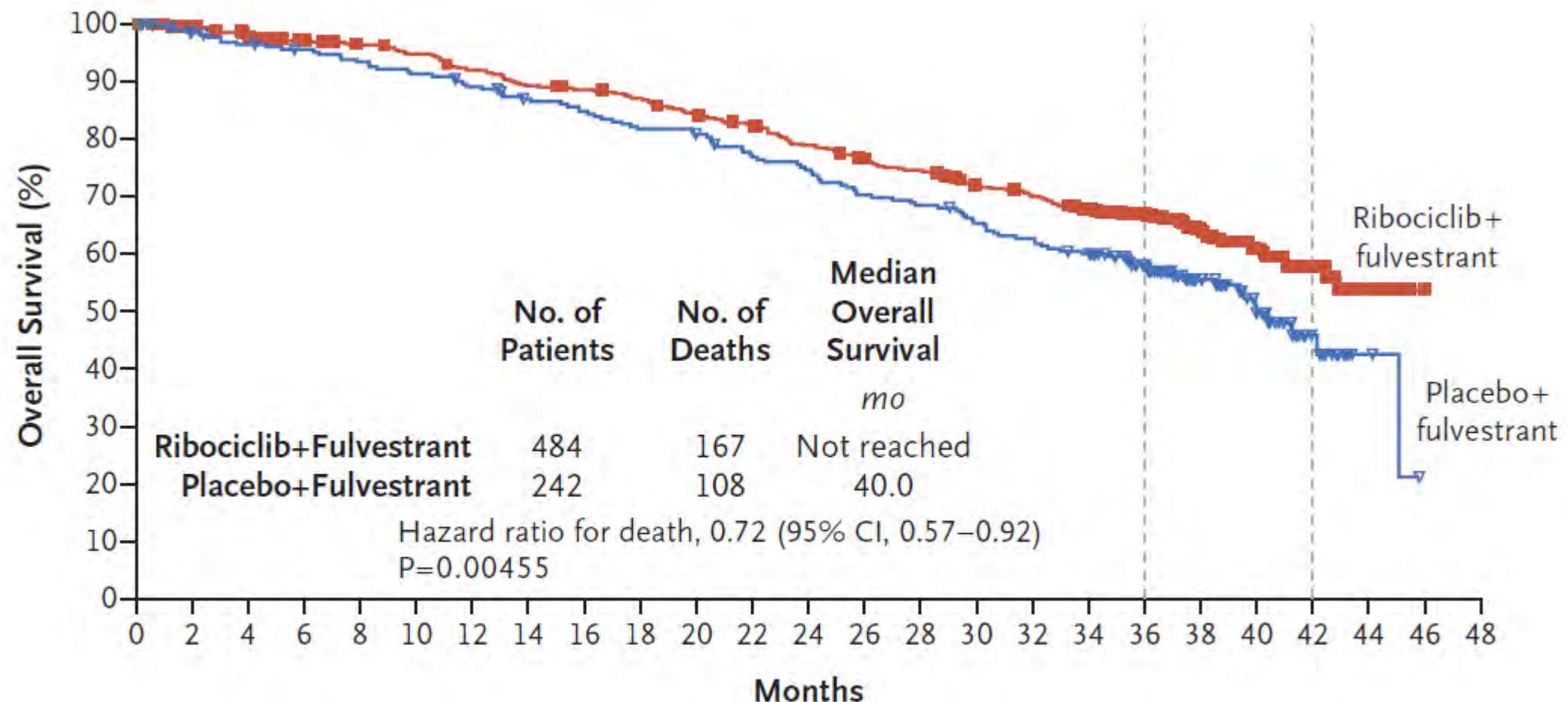
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18. Goetz. Ann Oncol. 2024;[Epub].

# MONALEESA-3 Overall Survival



## No. at Risk

Ribociclib+fulvestrant	484	470	454	444	436	428	414	402	397	389	374	365	348	334	326	309	300	287	237	159	92	41	14	2	0
Placebo+fulvestrant	242	233	227	223	218	213	207	199	194	187	184	174	169	159	155	147	141	134	107	64	37	14	3	0	0

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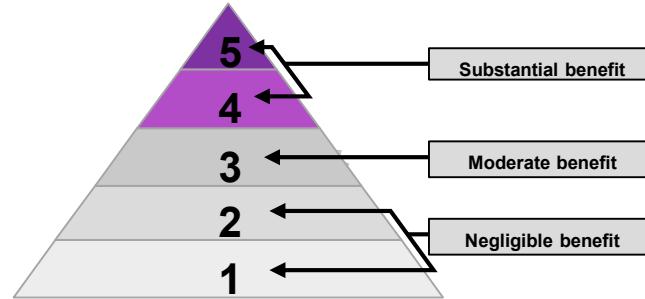
# RCTs with CDK 4/6i : Safety Data

	Paloma 2		MONALEESA 2*		Monarch 3	
Item (% any grade/% G3-4)	Palbociclib	Placebo	Ribociclib	Placebo	Abemaciclib	Placebo
Any	99/76	96/24	98/81	97/33	98/55	90/22
Neutropenia	80/66	6/1	74/59	5/1	41/21	2/1
Febrile Neutropenia	1.8	0	1.5	0	-	-
Anemia	24/5	11/1	19/1	4/1	28/6	5/1
Diarrhea	26/1	19/1	35/1	22/1	81/37	30/1
Nausea	35/0	26/2	52/3	28/1	38/12	20/2
Vomiting	16/1	17/1	29/4	16/1	28/9	12/4
Alopecia	33/0	16/0	33/0	16/0	27/0	11/0
Need for dose interruption	67%	41%	77%	41%	43%	6%
Need for dose adjustment	36	1	54	7	43	6
Discontinuation for adv. ev.	10	6	8	2	20	2

\*Clinically silent Qtc prolongation in 3.3% of the patients require initial and repeat ECG

# ESMO Magnitude of Clinical Benefit Scale in HR+ MBC

The ESMO Magnitude of Clinical Benefit Scale (MCBS) uses a rational, structured, and consistent approach to derive a relative ranking of the magnitude of clinically meaningful benefit that can be expected from anticancer treatments



ESMO MCBS Scores<sup>1</sup>

Agent	Endocrine Partner	Line of Prior ET for MBC	Treatment Setting	MCBS Agent Score
Ribociclib <sup>2-4</sup>	NSAI or tamoxifen	0	Premenopausal	5
Ribociclib <sup>5</sup>	Letrozole	0	Postmenopausal	4
Ribociclib <sup>6,7</sup>	Fulvestrant	≤ 1	Postmenopausal	4
Palbociclib <sup>8-10</sup>	Fulvestrant	1	MBC	4
Palbociclib <sup>11</sup>	Letrozole	0	MBC	3
Abemaciclib <sup>12,13</sup>	Fulvestrant	1	Postmenopausal MBC	4
Abemaciclib <sup>14</sup>	AI	0	Postmenopausal MBC	3
Alpelisib <sup>15</sup>	Fulvestrant	1	Postmenopausal PIK3CA-mutated HR+/HER2-	3
Everolimus <sup>16</sup>	Exemestane	1	MBC	2

AI, aromatase inhibitor; ESMO, European Society for Medical Oncology; MBC, metastatic breast cancer; NSAI, nonsteroidal aromatase inhibitor.

1. Cardoso F, et al. *Ann Oncol*. 2018;29:1634-1657. 2. Tripathy D, et al. *Lancet Oncol*. 2018;7:904-915. 3. Im SA, et al. *N Engl J Med*. 2019;381:307-316. 4. Harbeck N, et al. *Ther Adv Med Oncol*. 2020;12:1-8. 5. Hortobagyi GN, et al. *Ann Oncol*. 2018;29:1541-1547. 6. Slamon DJ, et al. *J Clin Oncol*. 2018;36:2465-2472. 7. Slamon DJ, et al. *N Engl J Med*. 2020;382:514-524. 8. Cristofanilli M, et al. *Lancet Oncol*. 2016;17:425-439. 9. Turner NC, et al. *N Engl J Med*. 2018;379:1926-1936. 10. Harbeck N, et al. *Ann Oncol*. 2016;27:1047-54. 11. Finn RS, et al. *N Engl J Med*. 2016;375:1925-1936. 12. Sledge GW, et al. *J Clin Oncol*. 2017;35:2875-2884. 13. Sledge GW, et al. *JAMA Oncol*. 2019;6:116-124. 14. Goetz M, et al. *J Clin Oncol*. 2017;35:3628-3646. 15. André F, et al. *N Engl J Med*. 2019;380:1929-1940. 16. Baselga J, et al. *N Engl J Med*. 2012;366:520-529.

# Choosing the Most Appropriate CDK4/6 Inhibitor

- All agents improve PFS compared to ET alone
- Ribociclib highest level of evidence
- Abemaciclib and palbociclib have clear clinical benefit
- All 3 agents delay time to chemotherapy
- No randomized head-to-head trials comparing these agents
  - The nonrandomized, population based, comparative trials are inconclusive
  - Real-world data must be interpreted with caution
- Consider dosing, side effects, patient factors, and comorbidities

Vernieri. ASCO 2024. Abstr LBA1014. Jhaveri. Cancer Treat Rev. 2023;123:102670. NCCN. Clinical practice guidelines in oncology: breast cancer. v4.2024. [nccn.org](http://nccn.org). [society.asco.org/practice-patients/guidelines/breast-cancer/#/9676](http://society.asco.org/practice-patients/guidelines/breast-cancer/#/9676).

# CDK4/6 Inhibitors Dosing/AE/Monitoring Considerations

	<b>Abemaciclib</b>	<b>Palbociclib</b>	<b>Ribociclib</b>
<b>Pill burden</b>	With ET: 150 mg (1 tablet) Monotherapy: 200 mg (1 tablet)	125 mg (1 tablet or capsule)	600 mg ( <b>3 tablets</b> )
<b>Dosing schedule</b>	<b>Twice daily x 28 d;</b> 28-d cycle	<b>Once daily x 21 d;</b> 28-d cycle	<b>Once daily x 21 d;</b> 28-d cycle
<b>Food considerations</b>	With or without food	<b>Capsule: with food</b> Tablet: with or without food	With or without food
<b>Common AEs</b>	Neutropenia Fatigue <b>Diarrhea</b> Nausea	Neutropenia Fatigue	Neutropenia Fatigue
<b>Monitoring</b>	CBC LFTs	CBC	<b>CBC</b> LFTs ECG <b>Electrolytes</b>
<b>Special Considerations</b>	VTE Hepatobiliary toxicity		QTc prolongation Hepatobiliary toxicity

# Use of first line HT & multiple lines of HT was low before CDK4/6i

Analysis	Nº ER+/ HER2-	First line treatment for HR+ ABC		Number of ET lines before 1 <sup>st</sup> CT		
		CT	ET	1 line	2 lines	≥ 3 lines
US <sup>1</sup>	19,120	40%	60%	74%	19%	7%
Europe <sup>2</sup>	399	31%	69%	62%	7%	-
Europe & Canada <sup>3</sup>	901	35%	65%	26%	45%	-

<sup>1</sup>Swallow E, et al. *Curr Med Res Opin.* 2014; <sup>2</sup>Andre F, et al. *Curr Med Res Opin.* 2014; <sup>3</sup>Kurosky S et al *Clin Breast Cancer* 2017.

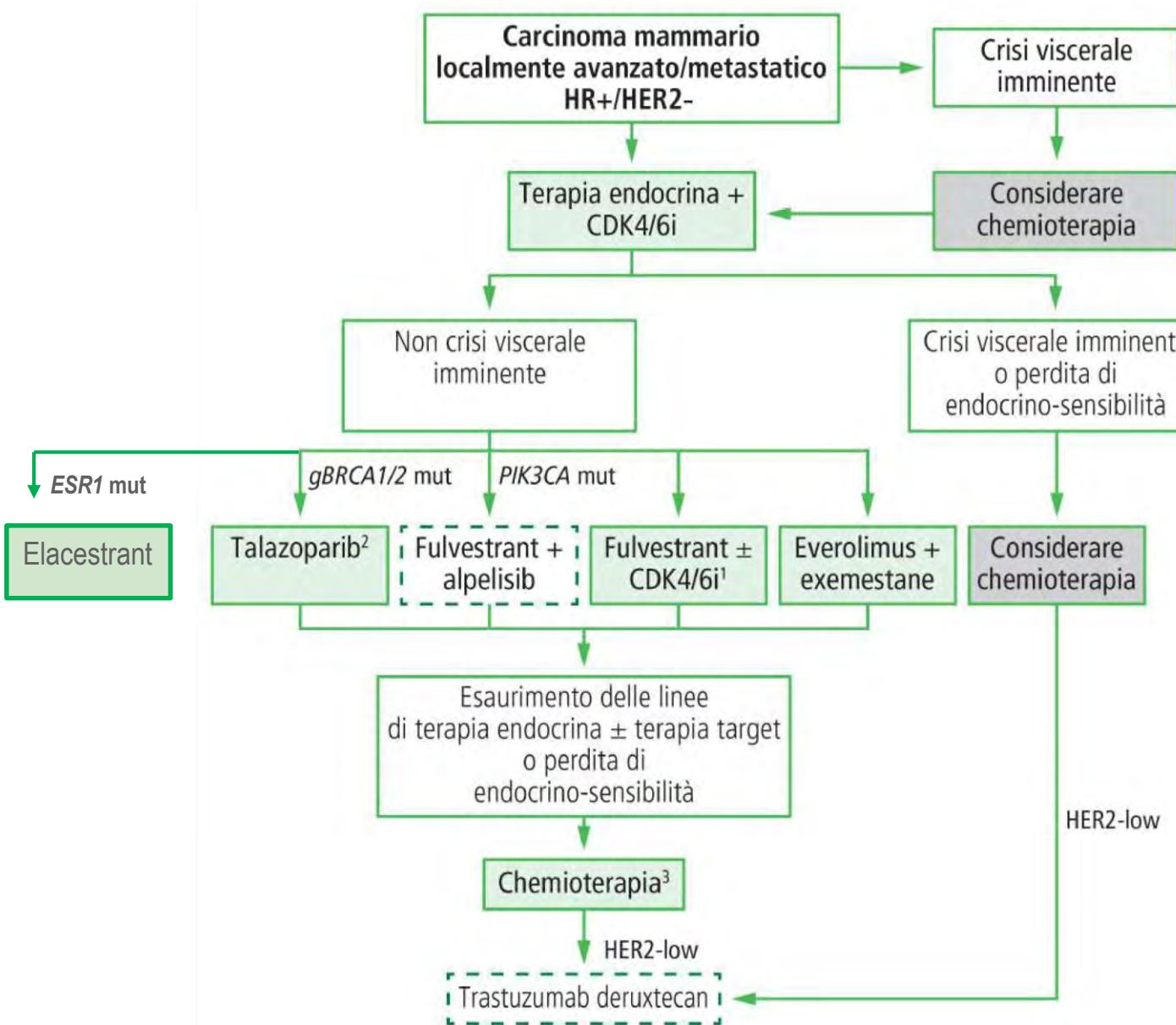
# Patient Factors When Considering CDK4/6i for HR+/HER2- MBC

- Endocrine sensitive vs resistant disease
- Menopausal status
  - **Monaleesa 7:** only trial with exclusively premenopausal population
  - **NCCN:** premenopausal women should have adequate ovarian suppression/ablation (put into medically or surgically induced menopause) and be treated as postmenopausal patients
- Visceral crisis
  - **Right Choice Trial** included preMP in visceral crisis randomized to physician's choice (doublet chemo) vs ribociclib/ET
  - CDK4/6 arm showed median PFS 24 vs 12 mo with chemo and fewer adverse events, dose reductions or dose discontinuation
- Performance status
- Comorbidities (eg underlying cardiac disease, GI issues/liver function)

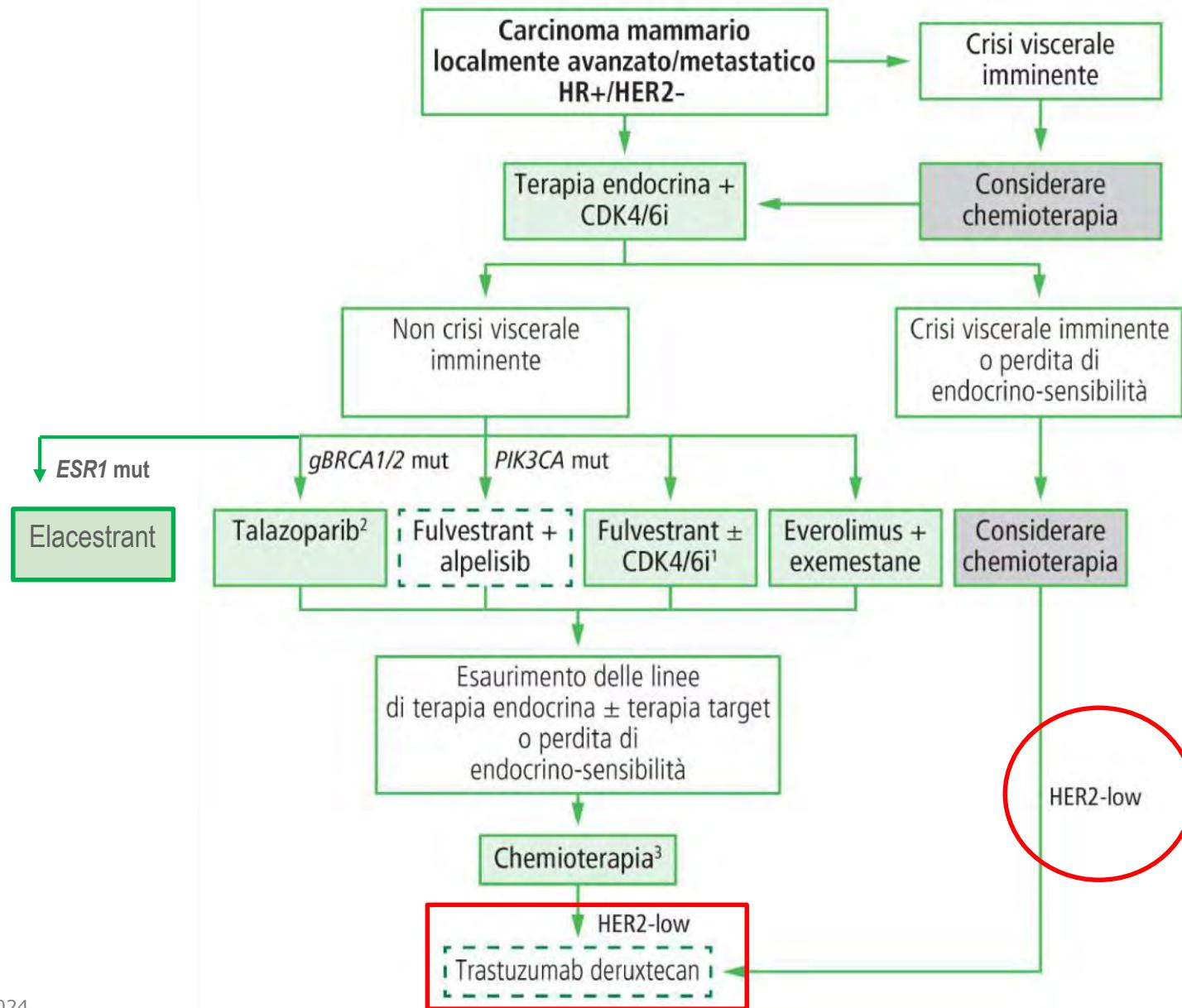
# Endocrine Therapy for HR<sup>+</sup> ABC: consolidated paradigms

- **Endocrine therapy is the preferred option for most of the patients**
- **In case of prior response, multiple lines of endocrine therapy can be effective**
- **Visceral metastases are not a contraindication to endocrine therapy. Patients at risk of visceral crisis because of severe organ dysfunction should be treated upfront with chemotherapy**

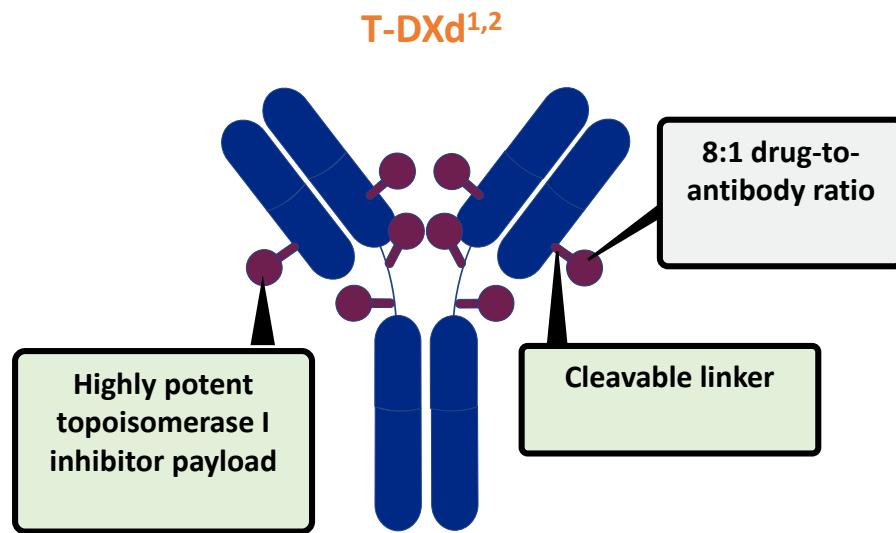
# Dunque cosa facciamo oggi?



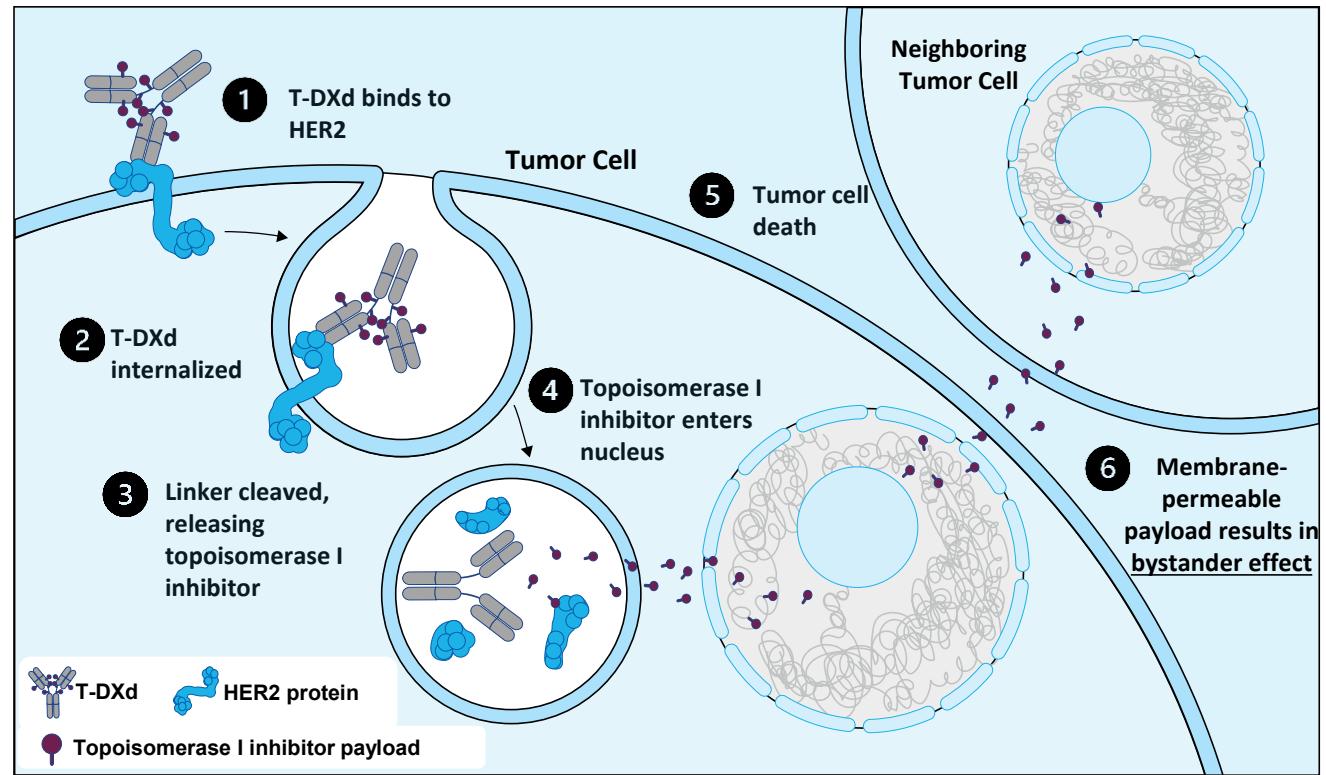
# L'efficacia delle terapie dopo CDK4/6i è relativamente modesta, ma...



# T-DXd MOA, bystander antitumor effect, and rationale for targeting HER2-low mBC



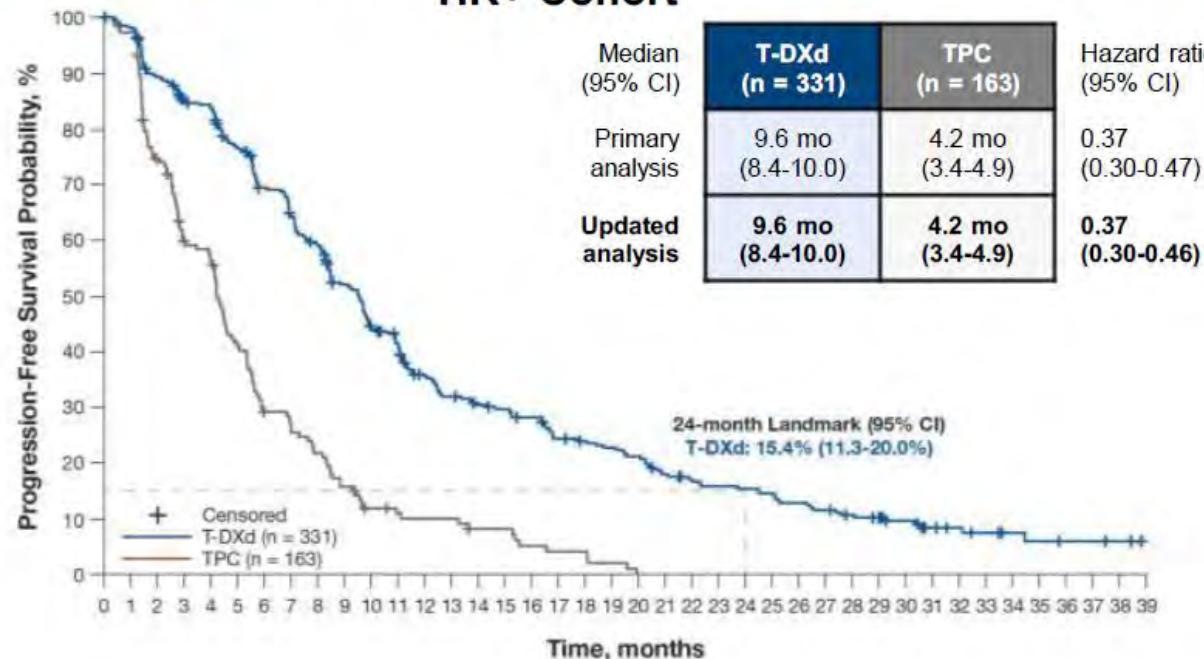
Internalization of T-DXd leads to release of the DXd payload and subsequent cell death in the target tumor cell and neighboring tumor cells through the bystander effect<sup>1,2</sup>



Adapted with permission from Modi S et al. *J Clin Oncol* 2020;38:1887-96. CC BY ND 4.0.

## Progression-Free Survival (by Investigator<sup>a</sup>)

## **HR+ Cohort**

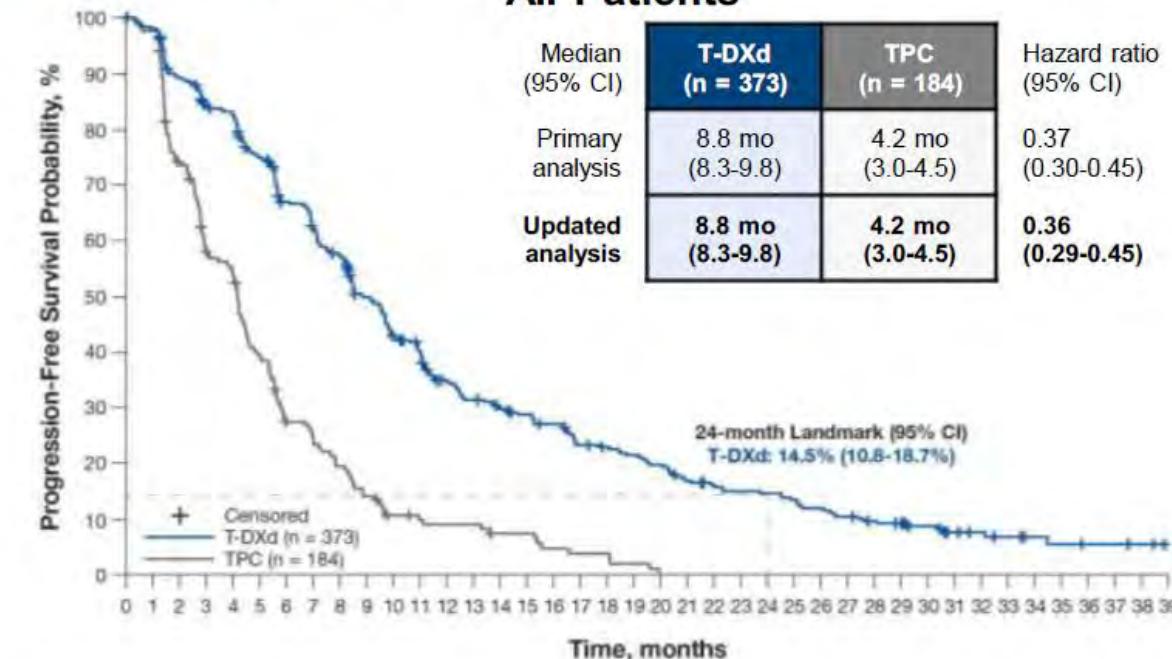


Median (95% CI)	T-DXd (n = 331)	TPC (n = 163)
Primary analysis	9.6 mo (8.4-10.0)	4.2 mo (3.4-4.9)
Updated analysis	9.6 mo (8.4-10.0)	4.2 mo (3.4-4.9)

Hazard ratio  
(95% CI)

0.37  
(0.30-0.47)

0.37  
(0.30-0.46)



Median (95% CI)	T-DXd (n = 373)	TPC (n = 184)
Primary analysis	8.8 mo (8.3-9.8)	4.2 mo (3.0-4.5)
Updated analysis	8.8 mo (8.3-9.8)	4.2 mo (3.0-4.5)

Hazard ratio  
(95% CI)

#### **Patients still at risk:**

#### **Patients still at risk**

T-DXd (n = 373)	303	364	327	369	397	307	234	216	196	196	140	130	107	97	30	65	78	97	144	482	33
TPC (n = 184)	186	162	221	98	96	85	47	38	28	21	14	12	11	11	9	8	5	6	3	21	0

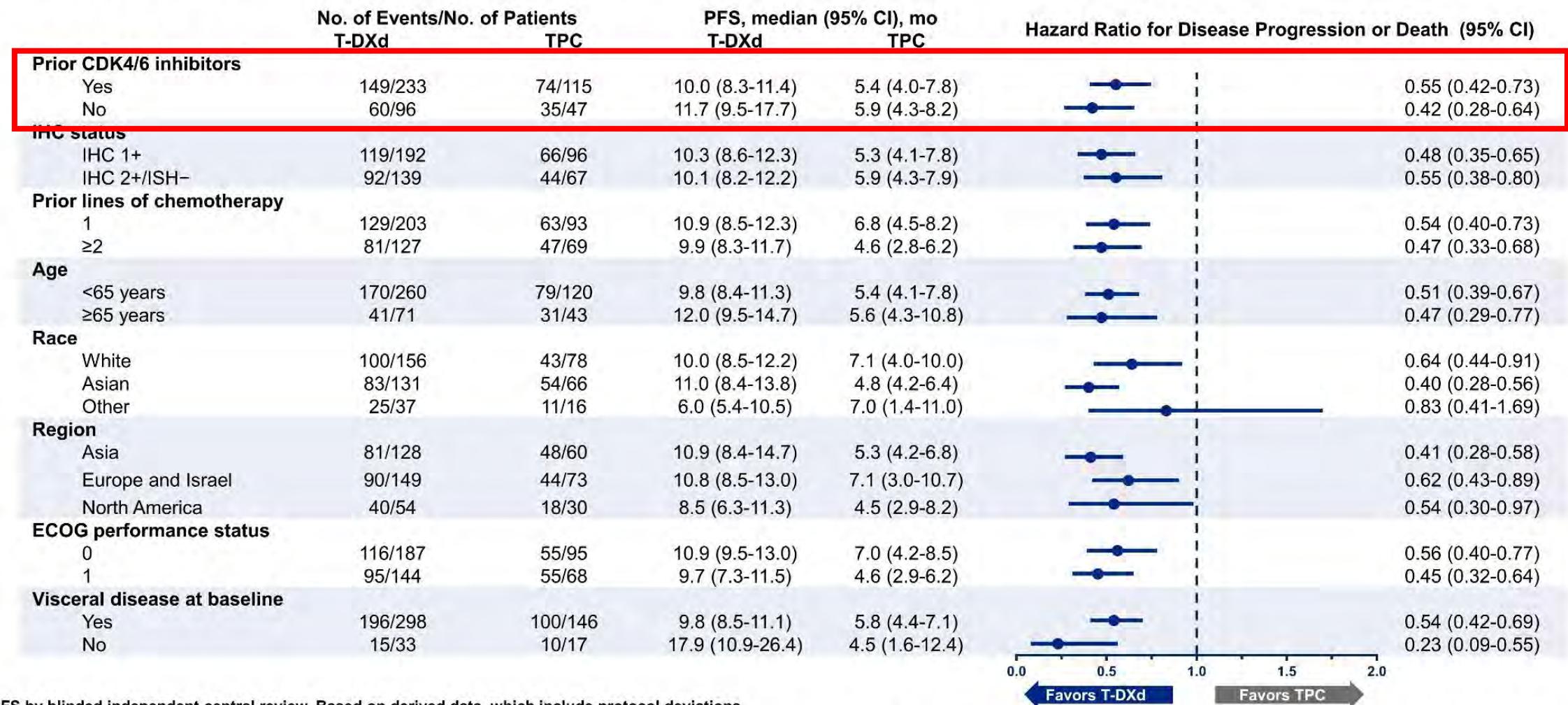
- Median PFS was consistent with results from the primary analysis,<sup>1</sup> showing a reduction in risk of disease progression or death of 63% and 64% in the HR+ cohort and all patients, respectively, for the T-DXd arm compared with the TPC arm

BICR, blinded independent central review; HR, hormone receptor; mo, month; PFS, progression-free survival; T-DXd, trastuzumab deruxtecan; TPC, treatment of physician's choice.

<sup>a</sup>PFS by BICR was stopped after the primary analysis as final PFS by BICR was achieved. At primary analysis, PFS by BICR for HR+ cohort was 10.1 mo and 5.4 mo for T-DXd and TPC, respectively (hazard ratio, 0.51). For all patients, the PFS by BICR was 9.9 mo and 5.1 mo for T-DXd and TPC, respectively (hazard ratio, 0.50). The updated analysis is based on PFS by investigator.

1. Modi S et al. *N Engl J Med*. 2022;387:9-20.

# Subgroup Analysis: PFS in HR+



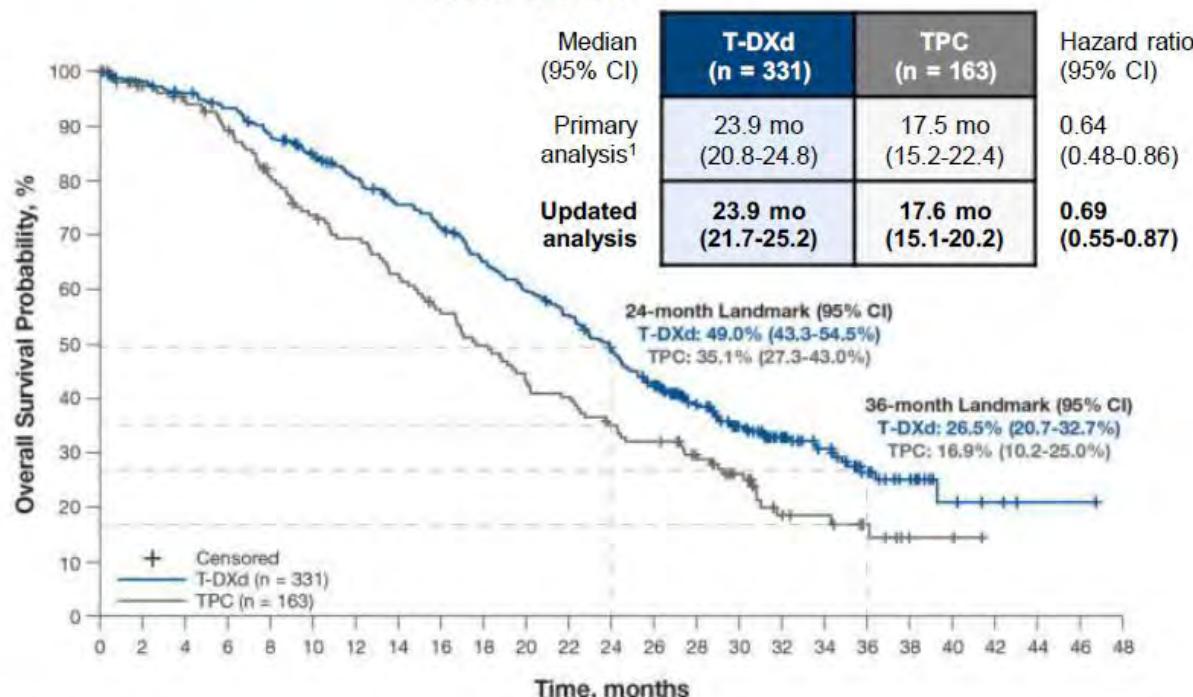
PFS by blinded independent central review. Based on derived data, which include protocol deviations.

CDK, cyclin-dependent kinase; ECOG, Eastern Cooperative Oncology Group; HR, hormone receptor; IHC, immunohistochemistry; ISH, in situ hybridization; PFS, progression-free survival; T-DXd, trastuzumab deruxtecan; TPC, treatment of physician's choice.

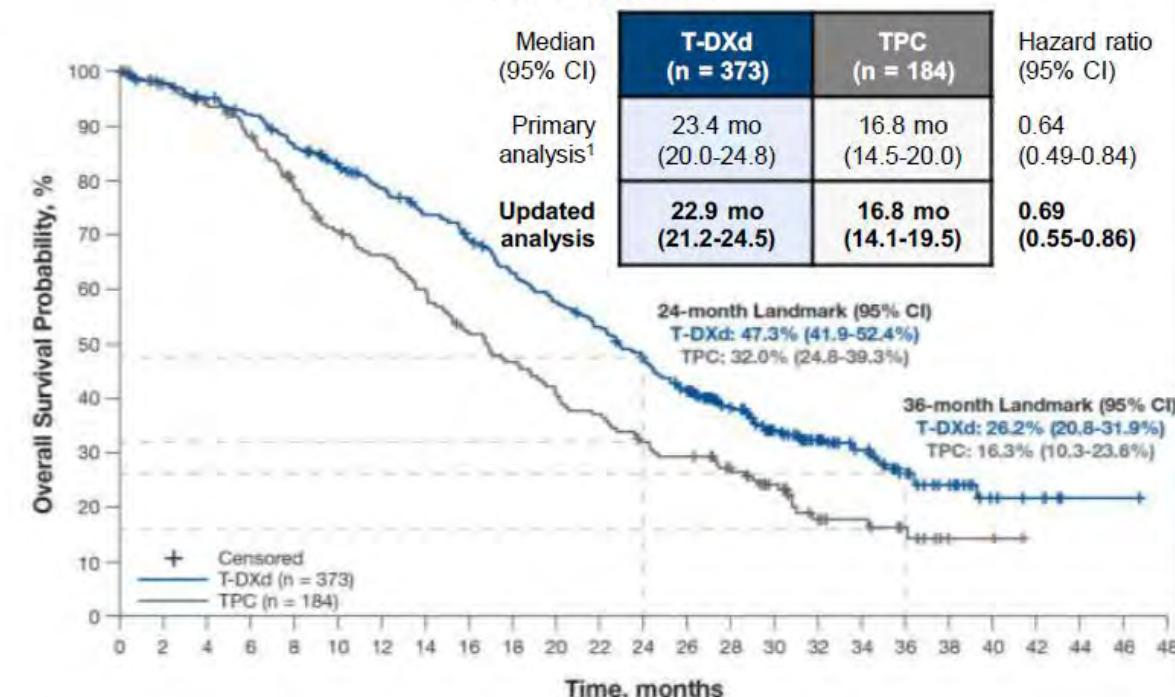


# Overall Survival

## HR+ Cohort



## All Patients



Patients still at risk:

T-DXd (n = 331): 381 325 323 317 311 337 352 286 294 279 257 258 260 243 293 230 220 212 199 189 193 179 188 185 147 135 124 109 94 81 72 66 54 46 42 34 23 27 14 7 3 6 3 2 1 1 1 0  
TPC (n = 163): 163 160 144 142 136 134 129 123 114 108 103 97 96 92 87 85 79 73 68 64 59 56 50 47 43 42 36 31 25 16 15 11 11 9 7 6 2 2 1 0

Patients still at risk:

T-DXd (n = 373): 373 368 360 355 350 342 357 325 314 308 298 289 278 269 257 254 246 231 217 208 196 181 172 168 160 148 137 122 107 94 89 79 70 62 48 38 28 21 18 11 7 6 3 1 1 3 3  
TPC (n = 184): 184 170 168 160 156 152 146 137 127 118 113 107 108 100 95 86 81 76 71 69 64 59 58 50 49 46 40 44 37 33 27 19 15 12 12 10 8 5 2 2 2 1 0

- In the HR+ cohort and all patients, median OS was consistent with results from the primary analysis,<sup>1</sup> showing a 31% reduction in risk of death for patients receiving T-DXd compared with those receiving TPC

HR, hormone receptor; mo, month; OS, overall survival; T-DXd, trastuzumab deruxtecan; TPC, treatment of physician's choice.

1. Modi S et al. *N Engl J Med*. 2022;387:9-20.

# *Nel cancro metastatico della mammella.....*

Guarire

Prolungare  
la sopravvivenza

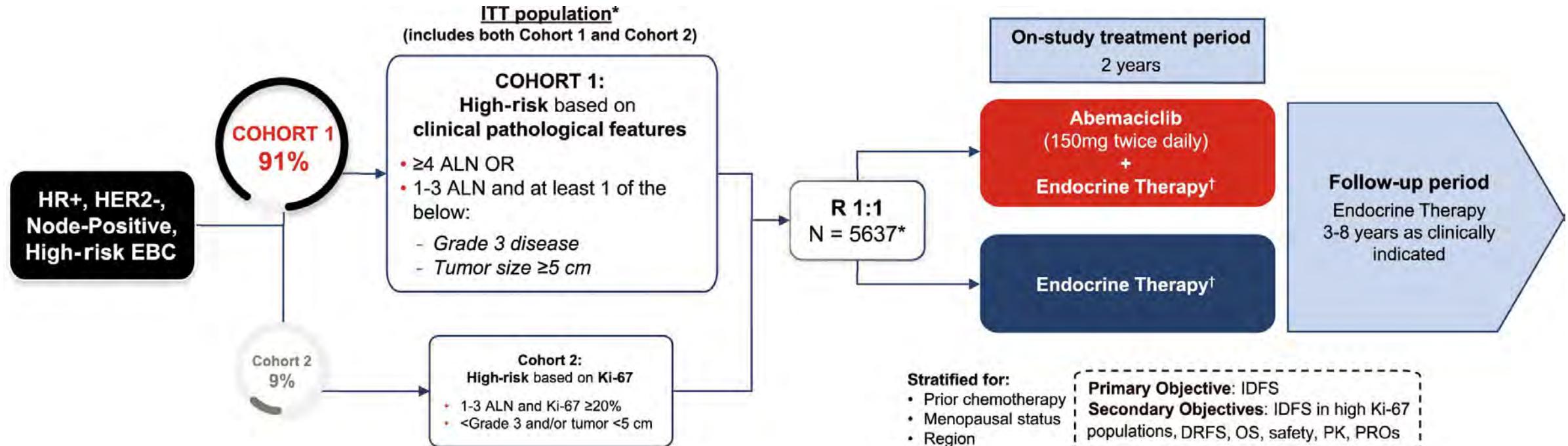
Controllare i sintomi

Buona/accettabile QoL  
(anche nel fine vita)

*Nel cancro della mammella  
in fase precoce.....*

**Guarigione ~ 75-80%**  
(chirurgia, radioterapia, terapia medica)

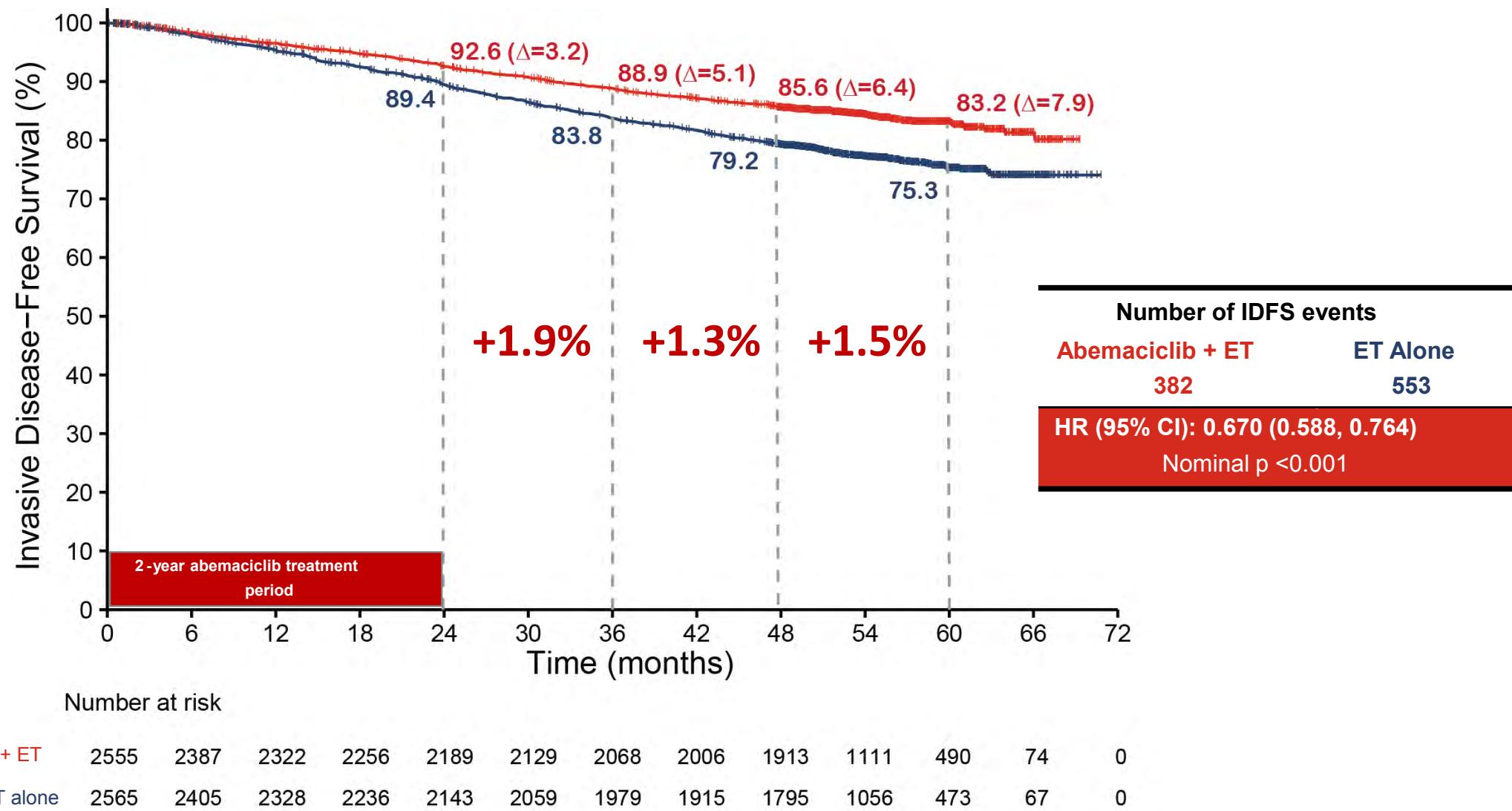
# monarchE Study Design (NCT03155997)



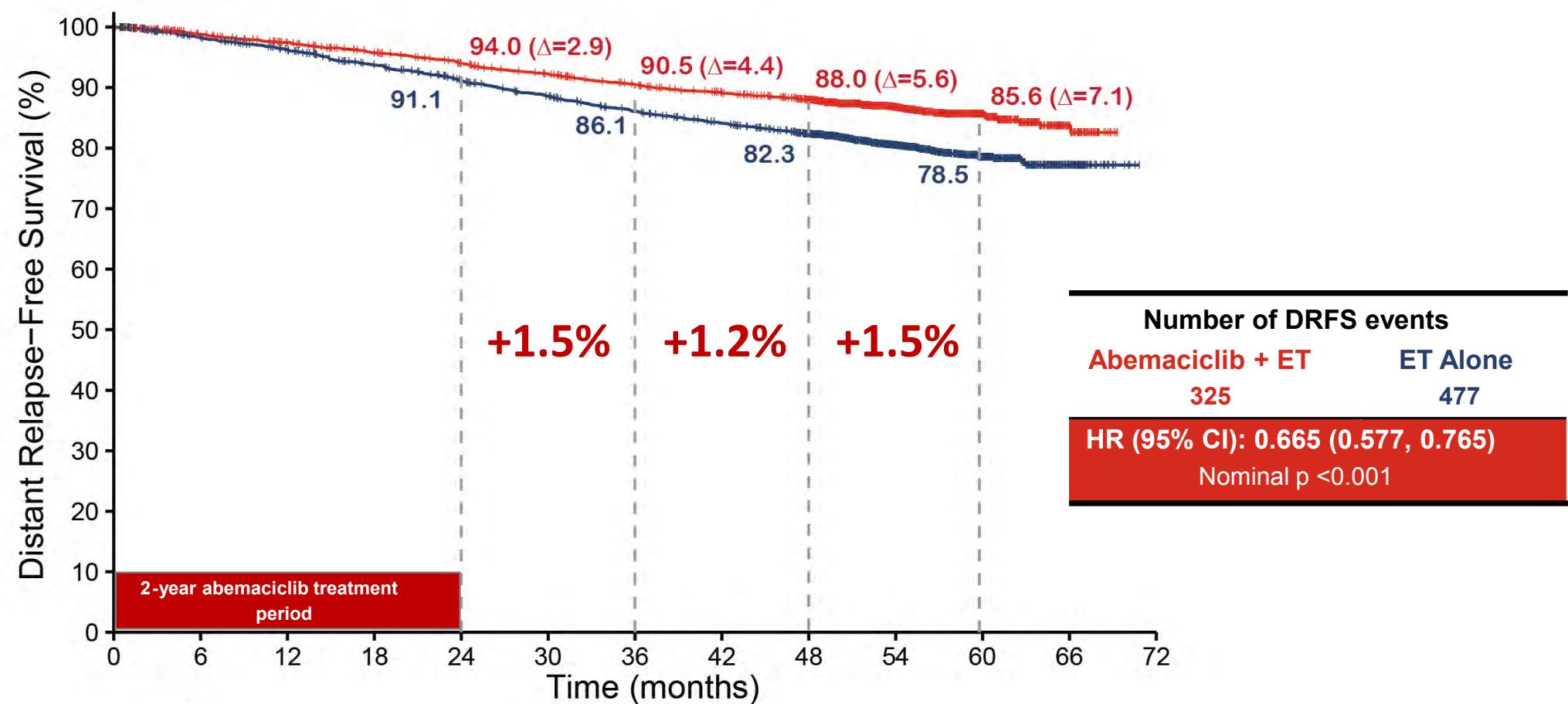
\*Recruitment from July 2017 to August 2019.

†Endocrine therapy of physician's choice [e.g., aromatase inhibitors, tamoxifen, GnRH agonist].

# Continuous increase of IDFS benefit with longer follow up

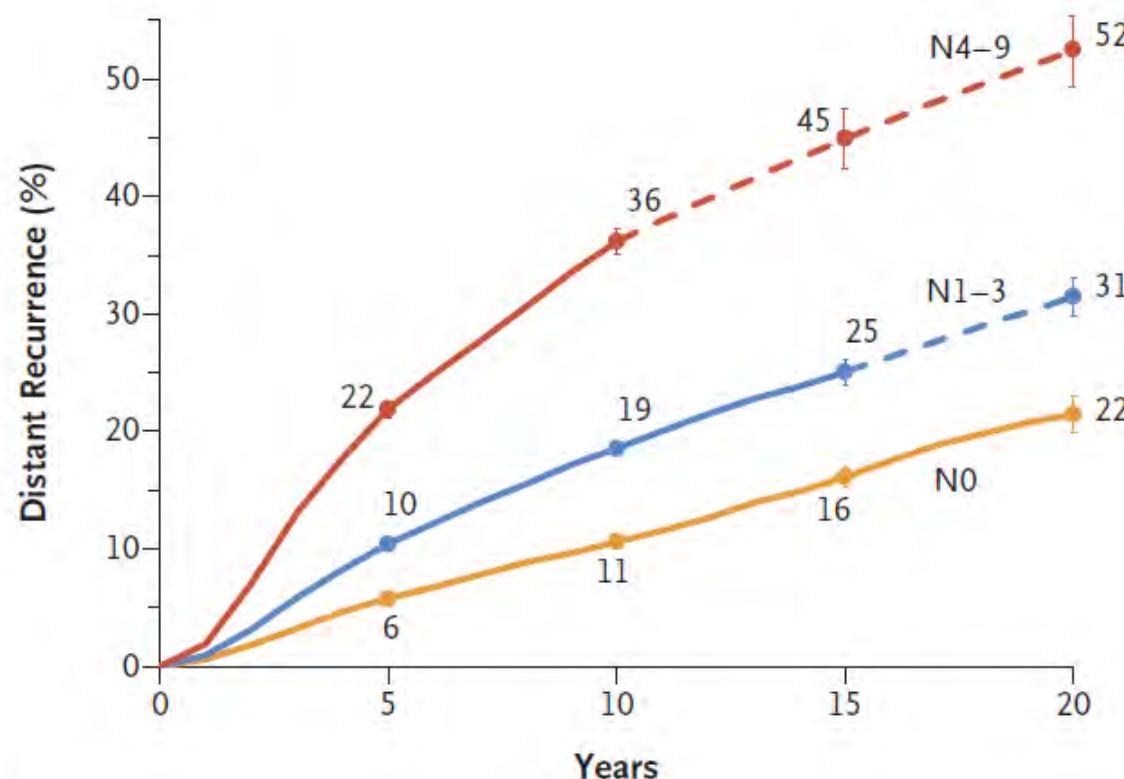


# Continuous increase of DDFS benefit with longer follow up



	2555	2396	2339	2274	2213	2155	2095	2040	1953	1136	500	75	0
Abemaciclib + ET	2555	2396	2339	2274	2213	2155	2095	2040	1953	1136	500	75	0
ET alone	2565	2412	2345	2259	2177	2102	2023	1960	1849	1092	488	72	0

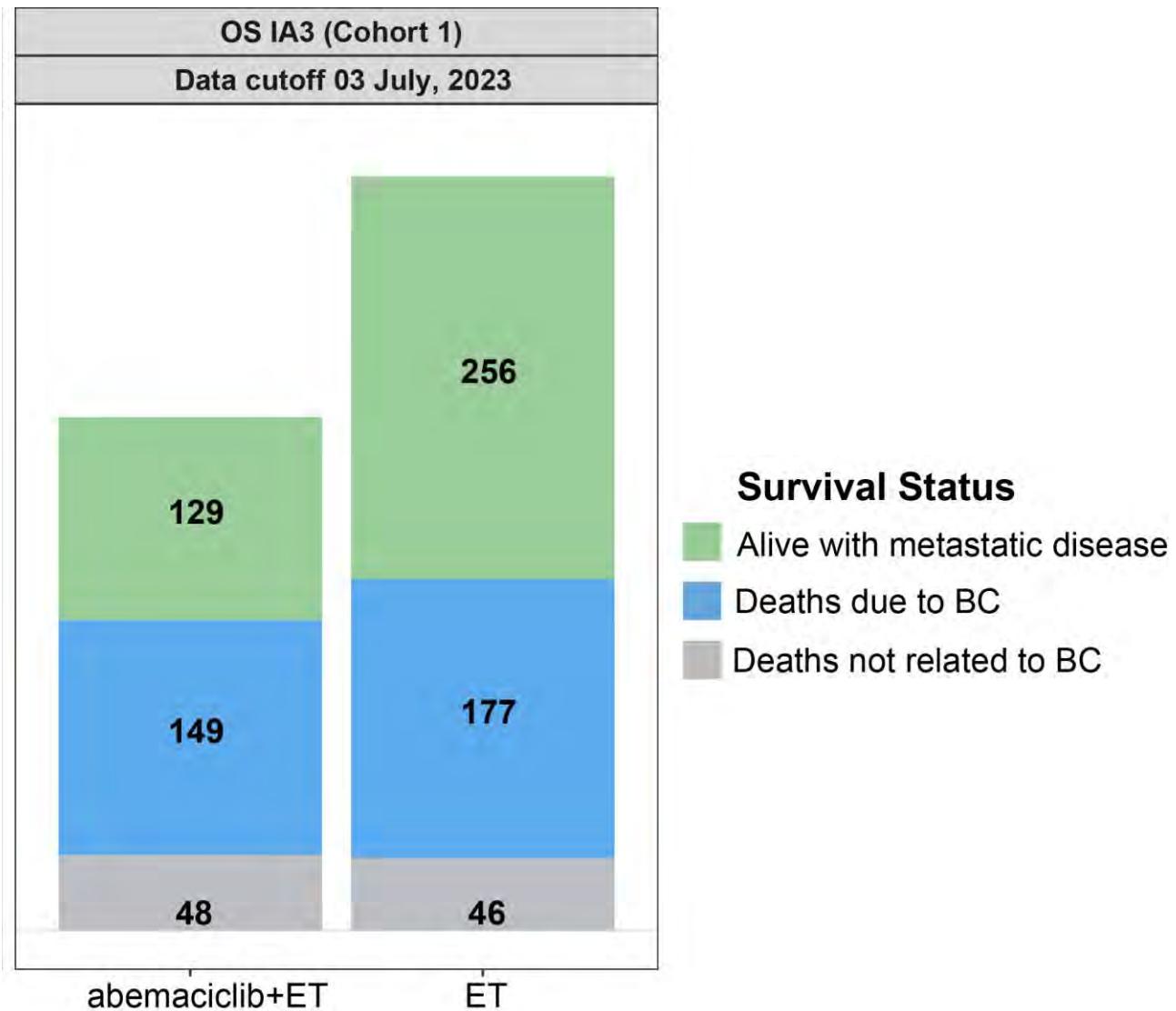
# Late breast-cancer recurrences from 5 to 20 years



## No. at Risk

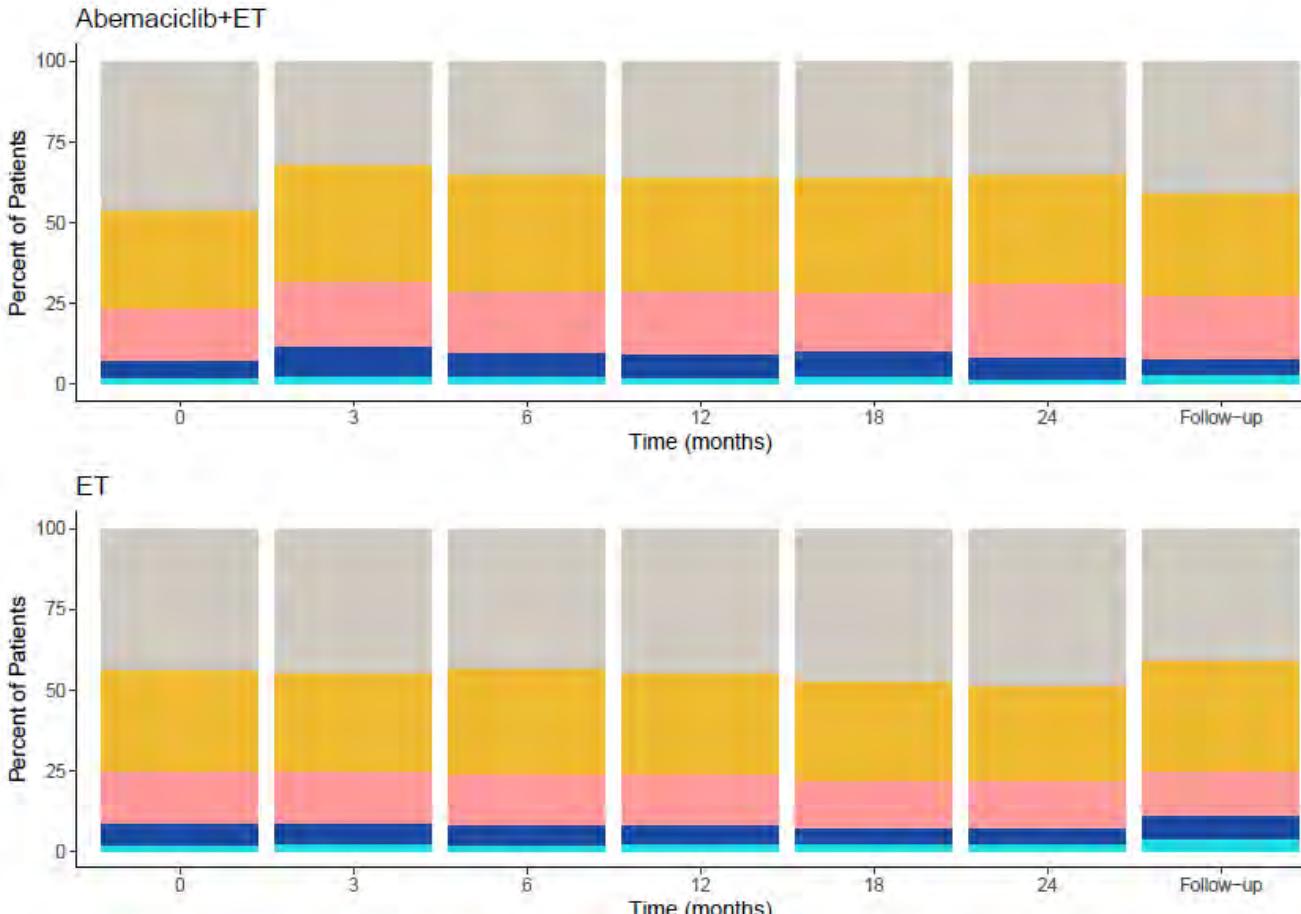
N4-9	12,333	8,116	2165	259	52
N1-3	31,936	23,576	7250	949	183
N0	29,925	24,081	8571	1982	414

# Half patients with metastatic disease



# FACT-B GP5 “Bothered by Treatment Side Effect”

Percent stacked bar plot of PRO on FACT-B GP5



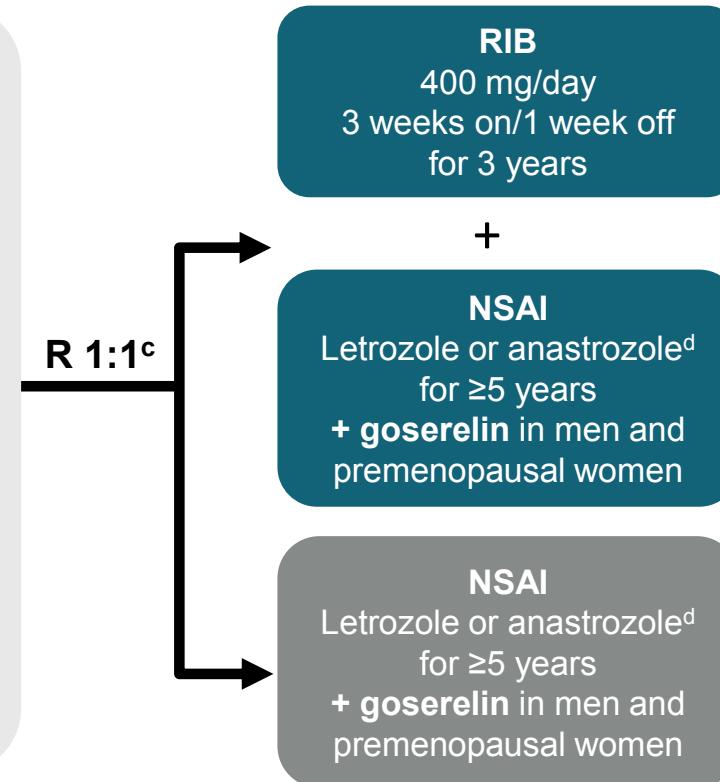
- The addition of abemaciclib to ET did not result in a clinically meaningful difference in patients being bothered by treatment side effects
- Most pts in both arms reported being bothered “a little” or “not at all” by side effects of treatment

FACT-B Functional Assessment of Cancer Therapy - Breast; PRO=patient-reported outcomes

Tolaney SM SGBCC 2021; P008  
Tolaney SM EJC 2024

# NATALEE-Study Design and Methods

- Adult patients with HR+/HER2– EBC
  - Prior ET allowed ≤12 mo prior to randomization
  - **Anatomical stage IIA<sup>a</sup>**
    - **N0** with:
      - Grade 2 and evidence of high risk:
        - Ki-67 ≥20%
        - Oncotype DX Breast Recurrence Score ≥26 **or**
        - High risk via genomic risk profiling
      - Grade 3
    - **N1**
  - **Anatomical stage IIB<sup>a</sup>**
    - N0 or N1
  - **Anatomical stage III**
    - N0, N1, N2, or N3
- N = 5101<sup>b</sup>**



## Randomization stratification

Anatomical stage: II vs III

Menopausal status: men and premenopausal women vs postmenopausal women

Receipt of prior (neo)adjuvant chemotherapy: yes vs no

Geographic location: North America/Western Europe/Oceania vs rest of world

## Primary End Point

- iDFS using STEEP criteria

## Secondary End Points

- Recurrence-free survival
- Distant disease–free survival
- OS
- Safety and tolerability
- PROs
- PK

## Exploratory End Points

- Locoregional recurrence–free survival
- Gene expression and alterations in tumor ctDNA/ctRNA samples

Statistical comparisons were performed using a Cox proportional hazards model and the Kaplan-Meier method

**Data cutoff: 29 April 2024**

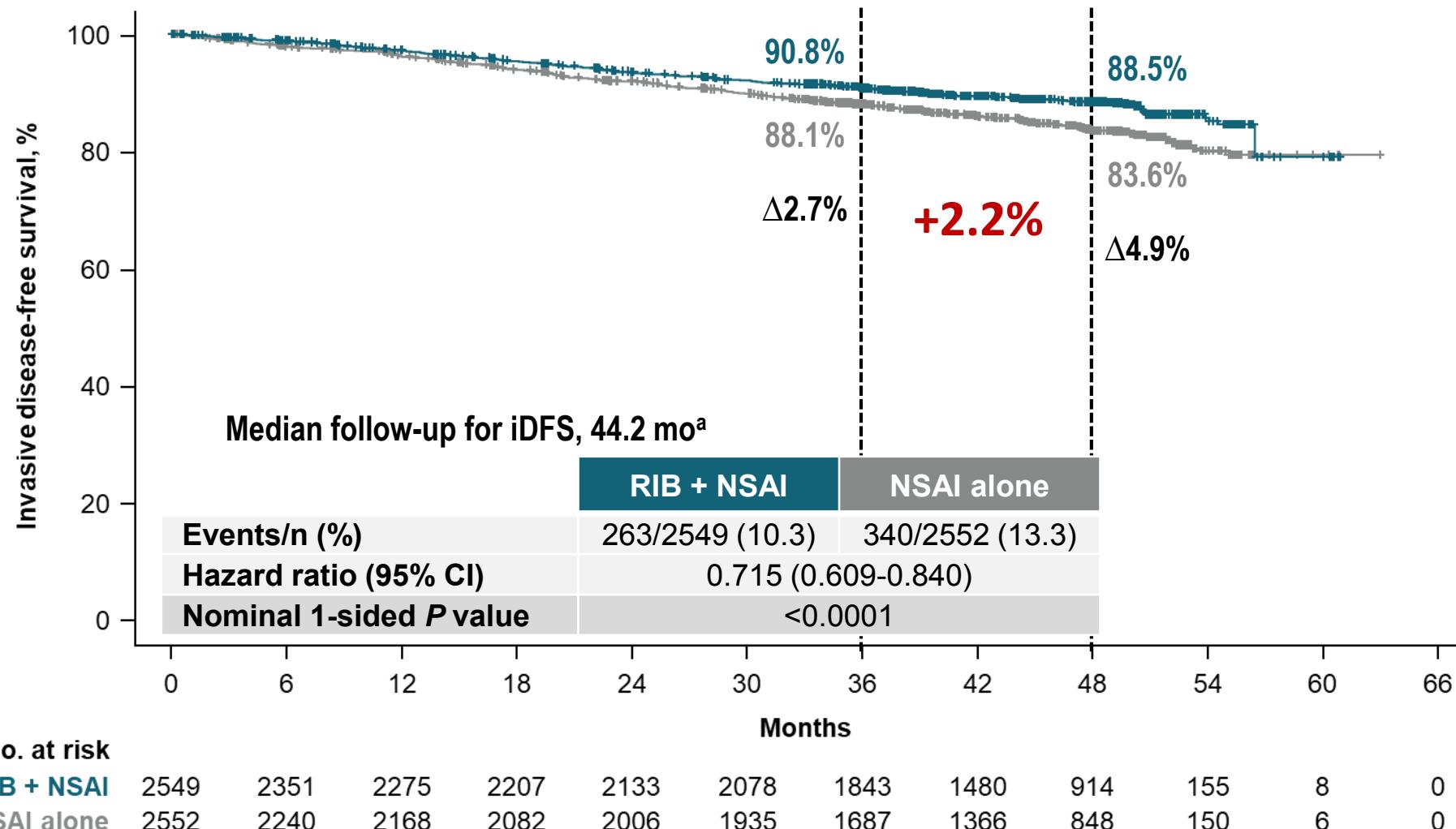
ctDNA/RNA, circulating tumor DNA/RNA; EBC, early breast cancer; ET, endocrine therapy; iDFS, invasive disease–free survival; N, node; NSAI, nonsteroidal aromatase inhibitor; OS, overall survival; PK, pharmacokinetics; PRO, patient-reported outcome; R, randomized; RIB, ribociclib; STEEP, Standardized Definitions for Efficacy End Points in Adjuvant Breast Cancer Trials.

<sup>a</sup> Enrollment of patients with stage II disease was capped at 40%. <sup>b</sup> 5101 patients were randomized from 10 Jan 2019 to 20 April 2021. <sup>c</sup> Open-label design. <sup>d</sup> Per investigator choice.

1. ClinicalTrials.gov. Accessed March 15, 2024. <https://clinicaltrials.gov/ct2/show/NCT03701334>. 2. Slamon DJ, et al. Poster presented at: ASCO 2019. Poster TPS597. 3. Slamon DJ, et al. *Ther Adv Med Oncol*. 2023;15:1-16. 4. Hortobagyi, G, et al. Oral presentation at: SABCS 2023. Oral GS03-03.

# NATALEE- iDFS in ITT Population

Significant iDFS benefit with RIB + NSAI after the planned 3-y treatment



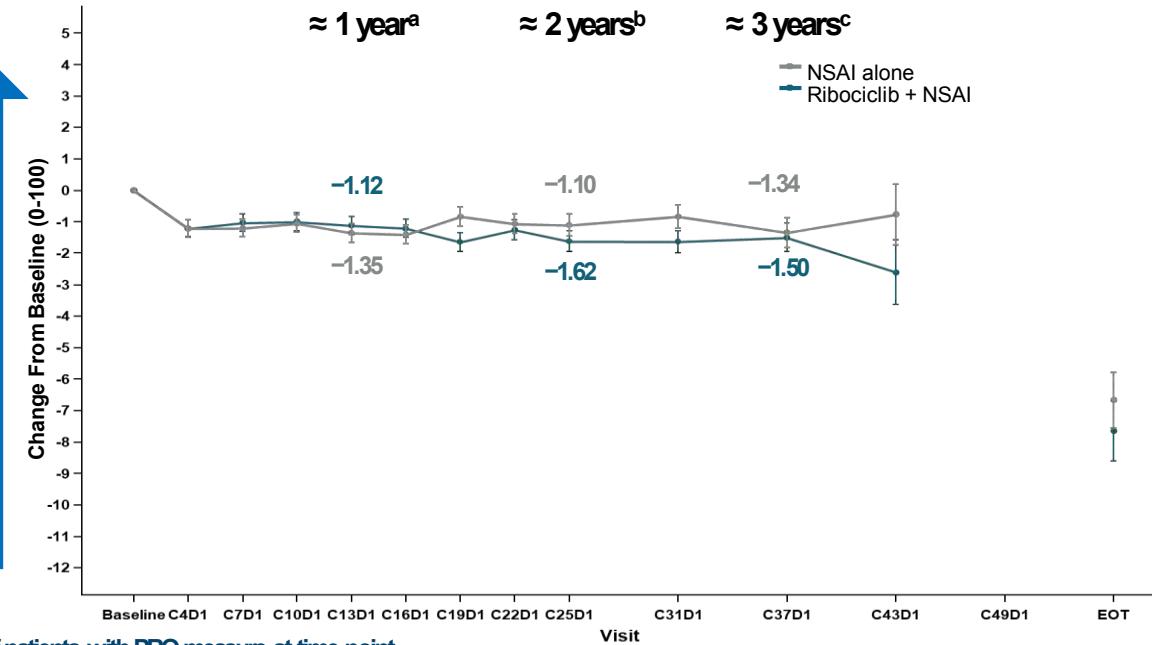
iDFS, invasive disease-free survival; ITT, intent to treat; NSAI, nonsteroidal aromatase inhibitor; RIB, ribociclib.

<sup>a</sup> An additional 10.9 months of follow-up compared with the protocol-specified final iDFS analysis.

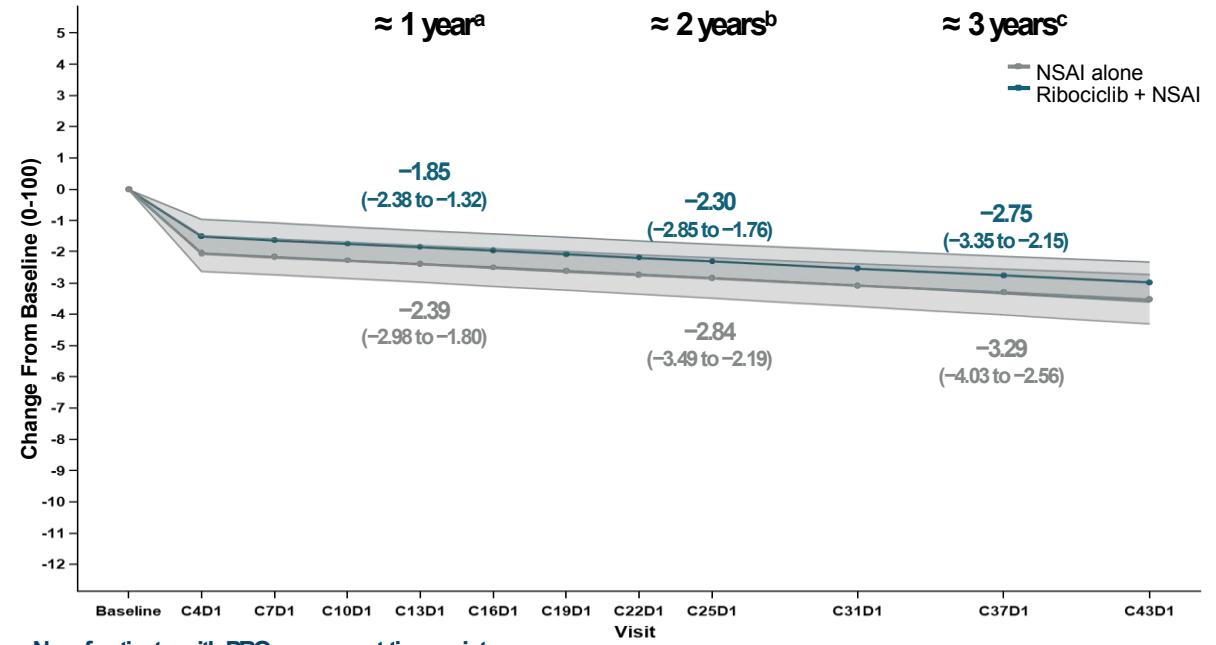
Peter A. Fasching ESMO 2024

# PRIMARY HRQOL OF INTEREST—EORTC QLQ-C30: PHYSICAL FUNCTIONING

## Descriptive Analysis



## Model-Based Analyses



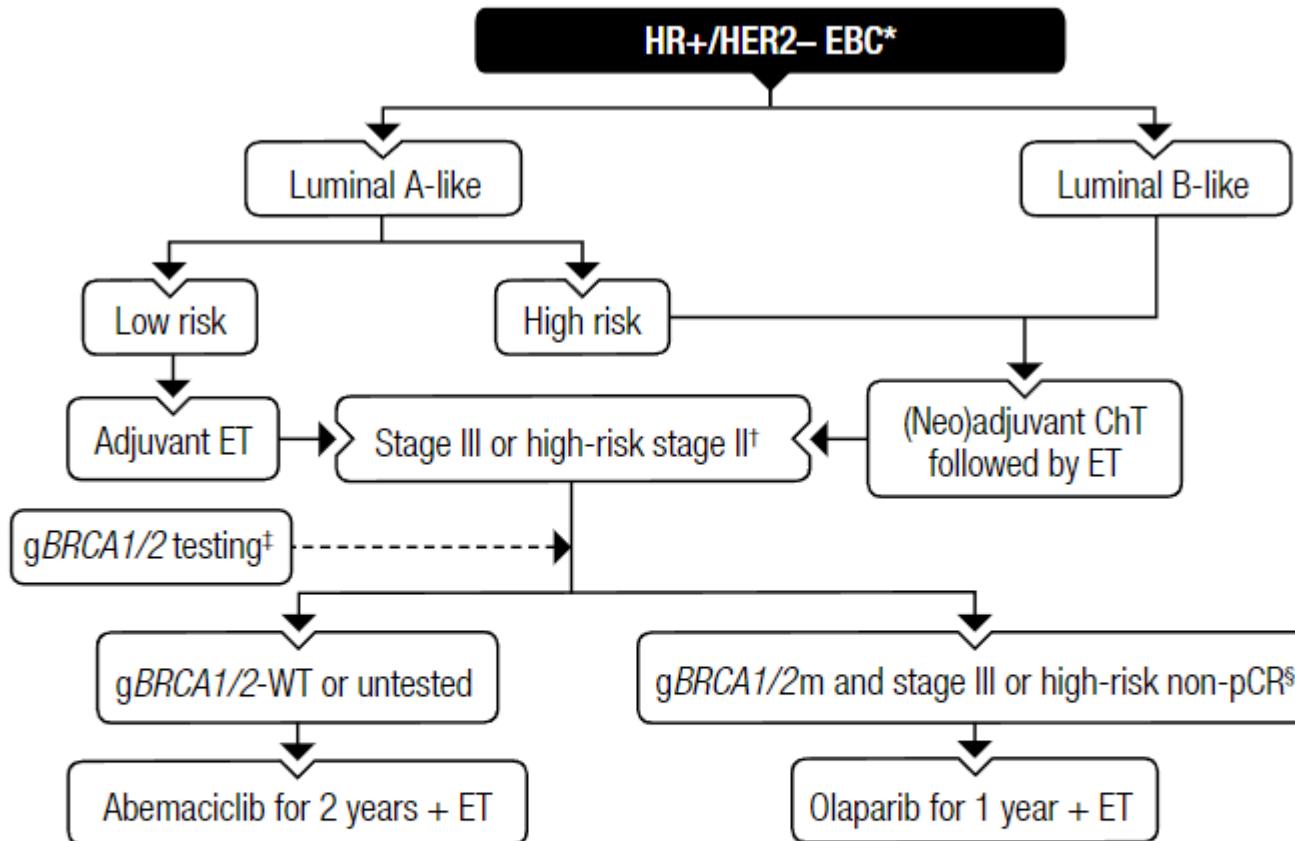
Based on regression analysis, physical functioning scores were higher in premenopausal women and men vs postmenopausal women and those who received prior (neo)adjuvant CT vs no prior (neo)adjuvant CT and were not impacted by the treatment arm

Physical functioning was maintained with the addition of ribociclib to standard-of-care NSAI<sup>1,d,e</sup>

CT, chemotherapy; C, cycle; D, day; EORTC, Organisation for Research and Treatment of Cancer; ET, endocrine therapy; HRQOL, health-related quality of life; NSAI, nonsteroidal aromatase inhibitor;

<sup>a</sup>Week 49/day 1, C13D1. <sup>b</sup>Week 97/day 1, C25D1. <sup>c</sup>Week 145/day 1, C37D1. <sup>d</sup> No difference from baseline was observed in either arm based on established thresholds for interpreting changes in physical functioning score (-5 to 2, no difference)<sup>1</sup> <sup>e</sup> Changes from baseline remained within 0.5 SD of their baseline value: ribociclib + NSAI, 14.87; NSAI alone, 14.87. 1. Cocks K, et al. Eur J Cancer. 2012;48(11):1713-1721.

# Systemic Treatment for HR+, HER2- early BC



\*See figure on page 49 for the role of surgery in HR-positive, HER2-negative EBC

†Stage N1 with primary tumour > 5 cm, and/or grade 3 and/or Ki-67 ≥ 20%

‡If gBRCA1/2 testing is appropriate and feasible

§Patients with HR-positive tumours and non-pCR after neoadjuvant ChT require a CPS+EG score ≥ 3 to receive olaparib

ChT, chemotherapy; CPS+EG, pre-treatment clinical stage and post-treatment pathological stage, oestrogen receptor and tumour grade; EBC, early breast cancer; ET, endocrine therapy; gBRCA1/2, germline BRCA1/2; HER2, human epidermal growth factor receptor 2; HR, hormone receptor; m, mutation; N, node; pCR, pathological complete response; WT, wild type

# Treatment of the Advanced Disease

JOHN HAYWARD,\* F.R.C.S.

*British Medical Journal, 1970, 2, 469-471*

There are now many measures<sup>#</sup> available to treat advanced breast cancer. Nevertheless, only if the right therapies are selected and given in the proper sequence can they be used to the best advantage. At this stage of the disease a cure is impossible at present. Hence the principal aim in the patient's management must be to improve by the simplest means possible the quality of what life remains to her. Such treatment may prolong survival but this is not necessarily the most important aim. In essence, therefore, treatment should be symptomatic, aiming by local or general measures to relieve distressing symptoms and, by sensible anticipation, to postpone the development of further symptoms.

While metastases are still localized, radiotherapy or local surgery may suffice to keep the disease under control. Only when the disease has become more widespread and the use of local treatments has been exhausted should general measures be considered.

#

Castration

Androgens and Oestrogens

Progestogens

Corticosteroids

Adrenalectomy and

Hypophysectomy

Cytotoxins (CTX and 5-FU)